



Athletics (Men and Women)

Approved – 30 April 2008

The Championship will be conducted according to the rules of the IAAF (<http://www.iaaf.org/downloads/IAAFhandbook/index.html>) unless specified below.

1. Team Size

- 1.1** There is no maximum* limit on the number of competitors each university can enter into individual events but only one (1) team in a relay event will be permitted.
- 1.2** The first three (3) competitors from any team may qualify for a final and earn overall points for their university.
- 1.3** In the event that a nominated competitor withdraws from an event, a team may replace this withdrawal with another member of their named squad. Rule 1.3 applies only for heats.
- 1.4** In the event that a team nominates less than their maximum number of three (3) competitors, no extra places will be granted if requests for further places come after the closing date for entries.
- 1.5** All withdrawals and substitutions (as per rule 1.3) during the competition must be submitted to the Competition Manager.

2. Championships Duration and Events

- 2.1** The organisers in consultation with AUS shall determine if the Championship should be conducted over three (3) or four (4) days.
- 2.2** The following events shall be included in the Championship:

MEN		WOMEN	
100m	4x100m Relay	100m	4x100m Relay
200m	4x400m Relay	200m	4x400m Relay
400m	1600m Medley Relay	400m	1600m Medley Relay
800m	3000m Steeplechase	800m	3000m Steeplechase
1500m	110m Hurdles	1500m	100m Hurdles
5000m	400m Hurdles	5000m	400m Hurdles
10000m	5000m Walk	10000m	5000m Walk
Discus	Long Jump	Discus	Long Jump
Shot Put	High Jump	Shot Put	High Jump
Hammer	Triple Jump	Hammer	Triple Jump
Javelin	Pole Vault	Javelin	Pole Vault
Decathlon – <u>Day One</u> : 100m, Long Jump, Shot Put, High Jump, 400m <u>Day Two</u> : 110m Hurdles, Discus, Pole Vault, Javelin, 1500m		Heptathlon – <u>Day One</u> : 100m Hurdles, High Jump, Shot Put, 200m <u>Day Two</u> : Long Jump, Javelin 800m	

*Subject to field restrictions

- 2.3** An "All Comers" (general public) Division may be included in the program for each event at the discretion of the event organiser in consultation with AUS personnel however should be held separately from the University Division of the same event.
- 2.4** Event scheduling shall take into consideration the venue capabilities and if need be, rescheduling of events may take place at the discretion of the event organiser to enable the competition to run on time and to schedule. For example, the Triple Jump may need to be run alongside the Long Jump instead of running both Triple Jumps together if the runway is not long enough.
- 2.5** "Change of Event" procedures may be considered at the event organiser's discretion to allow Check-in staff to update start lists from "Stand-by" list.

3. Championship Scoring

3.1 Events shall be scored in the following manner:

	Individual	Multi-Events	Relays
1 st	9	18	18
2 nd	7	14	14
3 rd	6	12	12
4 th	5	10	10
5 th	4	8	8
6 th	3	6	6
7 th	2	4	4
8 th	1	2	2

- 3.2** In the event of a dead-heat, the tying competitors or teams shall share the points for the places tied.
- 3.3** For events which are straight finals, competitors who do not meet the AUS qualifying standard (as per Appendix One) will not score points for the university they represent.
- 3.4** The Overall Champion University will be the university with the highest combined total based on the combination of points from all events.
- 3.5** In the event that universities finish on the same points in either an award division or the Overall University points, the university with the highest number of placings will be deemed the winner. If universities are still equal, then a joint winner will be awarded.

4. Check-In

- 4.1** Athletes must check-in for their event, at least, 1 hour before the start of the event. Any athlete who has not checked-in will be scratched from their event.
- 4.2** There will be no check-in for subsequent rounds.
- 4.3** Athletes will need to check-in personally and produce their athlete accreditation and competition uniform for inspection when checking in.
- 4.4** Athletes will be issued with their competition numbers at check-in. Athletes must attach the number firmly to their competition singlet both front and back (High Jump & Pole Vault only need to attach one). Athletes are not permitted to tamper with the competition number in any way.

- 4.5** Athletes in the Decathlon and Heptathlon must check-in 1 hour prior to the commencement of their first event each day.

5. Marshalling Procedures

- 5.1** Track Events - All athletes are required to report to the start line at the times indicated:
- 100m, 200, 400m - 10 minutes before start time
 - 800m, 1500, Steeplechase, Hurdles, Relays - 15 minutes before start time
 - 5000m, 5000m Walk, 10000m - 20 minutes before start time
- 5.2** Field Events - All athletes are required to report to the event site at the times indicated:
- Pole Vault 45 minutes before start time.
 - All Other Field Events 30 minutes before start time.
- 5.3** If an athlete is already competing in another event at the designated marshalling time, the Team Manager or the athlete must notify the Competition Manager of this, prior to the designated marshalling time.
- 5.4** For the decathlon and heptathlon, athletes should report as above.
- 5.5** All competitors in track events of 800m and above and the finishing runner in relay teams will be issued with hip number at the start.
- 5.6** All athletes are to enter the Field of Play via the closest entry to their event site and to leave the Field of Play via Post Event Control. Coaches are not permitted onto the Field of Play

6. Progression to Finals

- 6.1** In the event that there are insufficient competitors to warrant heats, the final will be conducted at the time allocated for the final.
- 6.2** The organisers where possible are to arrange the heats so that competitors from the same university do not compete against each other.
- 6.3** The maximum number of three (3) rounds will apply for all track events.
- 6.4** Rules for progression and qualifying rounds are as follows. The number of athletes who check-in will determine the format of the heats as guideline below, but will remain subject to change as directed by the Competition Manager.

100m/200m/400m/hurdles

- 1 to 8 competitors - Finals Only
- 9 to 16 competitors - Two rounds only
- Over 16 competitors - Three rounds

800m

- 1 to 10 competitors - Final only
- Over 10 competitors - Two or more rounds

1500m

- 1 to 15 competitors - Final only
- over 15 competitors - Two or more rounds

5000m/10000m/Steeple/Walks - Final only

- 6.5** For all throws and the long and triple jump all competitors will have an initial three (3) attempts, with the leading eight (8) competitors having a further three (3) attempts. Qualifying rounds may be deemed necessary dependent upon the number of entries received in any event. If qualifying rounds are required then each competitor will have three (3) attempts with the top twelve performers overall progressing to the final round

7. Commencement Heights

7.1 High Jump:

- Men: 1.75m with 5cm rises to 2.00m, thereafter 3cm rises.
Women: 1.45m with 5cm rises to 1.70m, thereafter 3cm rises.

7.2 Pole Vault:

- Men: 3.00m with 20cm rises to 4.00m, followed by 15cm rises to 4.60m, thereafter 10cm rises.
Women: 2.00m with 20cm rises to 3.00m, followed by 15cm rises to 3.60m, thereafter 10cm rises.

8. Relays

- 8.1** The names of the competitors in the relay teams must be submitted to the Administration Room at least 1 hour prior to the commencement of the starting time of the relay.

- 8.2** Once a relay team has competed in a heat, only two (2) athletes may be used as substitutes in the composition of the team for the final. Only eligible athletes can be substituted.

- 8.3** Medley Relay - If there are sufficient lanes, the race will be run as follows: 200m, 200m, 400m and 800m. Teams will stay in their lanes for the first 500m, ie 4 x 200m start plus change-over marks. If there are insufficient lanes, the race will be run as follows: 800m, 400m, 200m and 200m. The race will commence in lanes.

9. Protests

- 9.1** A protest may be made to the Referee by the competitor in the first instance. Protests to the Referee by a Team Manager on behalf of the competitor must be made to the Competition Manager who will accompany the Team Manager to the Referee.

- 9.2** Protest must be made within 30 minutes of the announcement of the result either electronically or verbally.

- 9.3** An appeal against the decision of the Referee may be made in writing and handed to the Competition Manager. A Jury will be convened and the decision handed down.

10. Personal Implements (other than Pole Vault)

- 10.1** Any competitor wishing to use personal implements must ensure that they are handed in to the Technical Manager no later than 1 hour prior to the commencement of the event.
- 10.2** Personal Implements become part of the pool of implements available to all competitors in the event.
- 10.3** A receipt will be issued for the implement which may be retrieved from the Technical Manager 30 minutes after completion of the event upon production of the receipt.

11. Pole Vault

- 11.1** All competitors must supply their own Pole. The Competition Management will not be supplying Poles.
- 11.2** Poles remain the property of the individual competitor and may not be used by others in the event without the permission of the owner.
- 11.3** Poles do not have to be handed in to the equipment room.

12. Warm Up

Where no Warm Up Track is available:

- 12.1** The back straight will be available to warm up on dependent upon the track and field events in progress at the time.
- 12.2** Field competitors will have 30 minutes at the event site to warm up prior to the start of competition (Pole Vault 45 minutes).
- 12.3** Coaches will not be permitted onto the field of play during warm up or competition.

13. Presentations

- 13.1** Presentation should follow as close as possible after the completion of the event.
- 13.2** At the completion of the Championship trophies (if existing) shall be awarded to the university that wins the:
1. Men's University Champion
 2. Women's University Champion
 3. Overall University Champion
- 13.3** A pennant will be awarded to the Men's and Women's University Champion
- 13.4 Overall Points** – When Athletics is included within the Games format the Men's and Women's results shall count separately towards the Games overall pointscore.

14. Uniform Requirements

- 14.1** Each athlete shall wear the uniform of their university. The university shall submit a description of its uniform to the organiser one (1) week before the Championships.
- 14.2** Minimum uniform requirements for AUS events must be met:
- A competitor must not use equipment or wear anything that is dangerous to him/herself or another competitor (including any kind of jewellery).

- Long or sharp fingernails are to be trimmed or taped.
- All participating competitors are to be correctly attired in appropriate, matching team uniforms. Exceptions may be made for some sports in cold weather, providing permission is granted by the appropriate officials. Additionally the exceptions will only be granted providing they are the same colour, and the extra clothing does not cover up any identification numbers or colours.

14.3 Specific Sport Uniform Standards - The uniform requirements for each specific sport should be as per the national sporting organisation standard with the following minimum uniform requirements:

Athletics - Shorts, singlet, one piece or two piece athletic attire. All competitors will wear all numbers allocated to them while competing. Field event competitors may wear track pants while competing.

14.4 Athletes who fail to wear the correct uniform may be disqualified from their event.

15. Team Duty Requirements

15.1 Team duties are an imperative part of the Championship and the development of sport event management skills across the University Sporting structure. The roster and role description will be provided to each Sports Specific Team Manager at the Sports Specific Team Managers Meeting if duties are required. **Teams that do not fulfill team duties will be fined as per the AUS Good Faith Fee policy.**

15.2 The Specific requirement for **Athletics** at AUS events are:

- Each University team with 10 or more participants will be required to assist Officials at a designated field station/s over the duration of the Championship.
- It is envisaged that this will require no more than 2 people at any one time per team.
- It is recommended that the Sport Specific Team Manager work out a rotating roster for their designated field station.

Previous rule amendments

15 August 2005
 13 June 2003
 30 August 2001
 August 1998

The following table shows the AUS qualifying times for all events contained within the Athletics program. It is advisable that these qualifying times would be reached within the current or immediately preceding season and that all universities follow these guidelines as the standard is often much higher.

Organisers have the right to reject entry should a participant not meet these qualifying standards, and as outlined in 14.3 may not award points.

Event	Men	Women
Track Running		
100m	11.5 (11.74)	13 (13.24)
200m	23.5 (23.74)	27.3 (27.54)
400m	53 (53.14)	62.0 (62.14)
800m	2.02.00	2.24.00
1500m	4.15.00	5.05.00
5000m	16.45.00	23:00:00
10,000m	36.00.00	44.00.00
Steeplechase		
3000m	10.55.00	12.30.00
Hurdles		
110m Hurdles	17.3 (17.54)	-
100m Hurdles	-	18.0 (18.24)
400m Hurdles	60.00 (60.14)	70.0 (70.14)
Walks		
5km	27.00.00	30:30:00
Jumps		
Pole Vault	3.20 (start height 3.00)	2.40 (start height 2.20)
High Jump	1.80 (start height 1.75)	1.45 (start height 1.40)
Triple Jump	12.50	9.50
Long Jump	5.85	4.30
Throwing		
Javelin	40.00	26
Hammer	32	26
Discus	32	26
Shot Put	11.00	9.50
Multi Events		
Decathlon	4750pts	-
Heptathlon	-	3250pts

Please Note: Bracketed Track times are the electronically calculated standards (considers lack of delay between gun firing and starting of the electronic clock). Bracketed field event heights are recommended starting heights for each event.

APPENDIX TWO – AUS CURRENT RECORDS
As at 1 October 2008

EVENT	RECORD	DATE SET	HELD BY	UNI
Women's 100m	11.5	1973	Belinda Jordan	UWA
Women's 200m	23.92	2005	Melanie Kleeberg	UQ
Women's 400m	53.44	1997	Tamsyn Lewis	SUT
Women's 800m	02:07.97	2004	Emma Rilen	MQU
Women's 1,500m	04:22.55	2006	Emma Rilen	MQU
Women's 3,000m Steeplechase	10:56.31	2008	Sophie Barker	MELB
Women's 5,000m	16:19.83	2008	Lara Tamsett	USYD
Women's 10,000m	35:33.53	2008	Tamara Carvolth	UQ
Women's 100m Int hurdles	14.09	2005	Kassy-Dee Hill	GU
Women's 400m low hurdles	01:00.4	1984	Leslie Richards	MQU
Women's 4x100m relay	46.63	2005	J Boyd, M Kleeberg, L Leitch, R Negus	UQ
Women's 4x400m relay	03:53.55	2003	E Klopper, R Junor, N Molan, M Aldridge	USYD
Women's 1,600 medley relay	04:00.09	2003	K McMaster, P Carey, R Gill, D Senior	ACPE
Women's High Jump	1.79m	1997	Belinda Blay	VU
	1.79m	2008	Ellen Pettitt	CURT
Women's Pole Vault	3.90m	2001	Brigid Isworth	MELB
Women's Long Jump	6.11m	2001	Kathleen Norman	
Women Triple Jump	12.85m	1997	Mariklud Viduka	VU
Women's Shot Put	14.75m	1980	P. Donnelly	MELB
Women's Discus Throw	54.35m	1999	Debbie Pickersgill	UQ
Women's Hammer Throw	56.39m	2002	Nicole Robertson	UWA
Women's Javelin Throw	47.3m	1995	K. Edwards	UWA
Women's Heptathlon	5406	1984	Leslie Richards	
Women's 5,000m walk	23.19.54	2004	Laura Johnson	ACPE
Men's 100m	10.48	2005	Adam Miller	UC
Men's 200m	21	1981	D. Blumburg	SYD
Men's 400m	46.3	1997	Patrick Dwyer	UNSW
Men's 800m	01:47.8	1968	Ian Jones	MELB
Men's 1,500m	03:48.85	2004	Elliott Jackson	ACU
Men's 5,000m	14:08.8	1973	B. Layh	MON
Men's 10,000m	29:33.8	1973	B. Layh	MON
Men's 110m High Hurdles	14.1	1970	Mal Baird	MON
Men's 400m Int Hurdles	51.8	1972	Bruce Field	MELB
Men's 3,000m Steeplechase	8.45.75	2002	Matthew Kerr	UOW
Men's 4x100m Relay	40.8	1967	Greg Lewis, Phil King, Garry Eddy, David James	MELB
Men's 4x400m Relay	03:14.5	1981	Macquarie University	
Men's 1,600 m medley relay	03:24.9	1975	Melbourne University	
Men's High Jump	2.19m*	1995	Ian Garratt	SYD
Men's Pole Vault	5.00m**	2002	Steven Hooker	RMIT
Men's Long Jump	7.73m	1971	G. Taylor	
Men's Triple Jump	16.02m	1973	D. Commons	MELB
Men's Shot Put	17.74m	1999	Aaron Neighbour	DEAK
Men's Discus Throw	59.29m	2005	Tim Driesen	UC
Men's Hammer Throw	67.7m	1991	Sean Carlin	ADEL
Men's Javelin Throw	77.71	2006	Joshua Robinson	UQ
Men's Decathlon	7353	1984	Stuart Andrews	ANU
Men's 5,000m Walk	21:09.13	2008	Thomas Barnes	MELB

* Equaled by Luke Russell (UTS) 1999.

** Equaled by James Filshie (MON) 2004

