



Talkin' Turkey



Newsletter of the Australian WUSG Team...15 July 2005



MESSAGE FROM THE AUSTRALIAN TEAM "CHEF DE MISSION":

The 2005 World University Games team has the Melbourne Commonwealth Games and beyond that, the Beijing Olympics in mind. This is a young team and for many of you, this will be your first experience at a world class multi sport event. The event will provide a fantastic and final opportunity for you to prepare in a multi sport environment before the 2006 Commonwealth Games.

The Games will expose you to the pressures of competition at the highest international level in a multi sport environment, which involves some 8500 participants from approximately 180 nations, living together in a village atmosphere. It is often the distractions of a multi sport event and a games village that provides the greatest challenge to athletes at the Commonwealth and Olympic Games.

I can guarantee that you will be competing against world class athletes in world class venues, that is as close to the Olympics and Commonwealth Games that you can get. Any medals won will be a great credit to you and your preparation and will be a medal that has international standing!

As Athletes you will be better prepared to cope with the pressure of the next years

Commonwealth Games, having attended the 2005 World University Games.

The Australia team has a great mix of experience and emerging elite athletes. We have Junior World Champions, National Team representatives and those competing in the green and gold for the first time. I congratulate you all on your selection and look forward to sharing this amazing and inspiring experience with you in August.

Mick Poulton, Chef de Mission.

PASSPORT

If you don't have a current Australian Passport, or you are traveling to Izmir on an overseas passport e.g. New Zealand, British, please ensure that you have a **copy of your citizenship certificate with you**, so that you can verify that you're an Australian Citizen. This is imperative to ensure you are able to compete at the Games.

UNIFORM REGULATIONS

Each team member will be provided with dress uniform items. These items are to be worn throughout the course of the Universiade.

Team members will be required to bring their own sports shoes (white) and white ankle socks to complement the dress uniform and to be worn for official functions such as the Opening Ceremony.

The AUS Travel Uniform which must be worn by all team members when traveling to Izmir, is:

- white polo shirt
- navy dress shorts (athletes)
- black dress pants (officials)

Team uniform items are to be worn by all team members for training, spectating and competition purposes and as directed by your Team Manager

MEDICATIONS

A reminder to all athletes that many over the counter medications may contain



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banned substances e.g. eye drops, ear drops, cold and flu tablets, anti-inflammatory etc.

It is very important to be sure that any substance that you take does not contain banned substances. If you are unsure whether a medication that you are currently taking is permitted under the IOC Medical Code AUS advises that you check by calling the ASDA Drugs in Sport Hotline (1800 020 506).

If you need to take any medication during the trip, please ensure you check it with the Team Doctors. If you have just started taking medications which have not been previously lodged on your Medical form, please contact the AUS Office and do so ASAP.

DOPING CONTROL

Drug testing will be undertaken during the Games under the WADA regulations. It is therefore imperative that all athletes and officials make sure that they are fully aware of the IOC List of Banned Substances and the AUS Anti-Doping Policy.

The Anti-Doping Policy is available from the AUS website.

Any Athlete taking restricted substances (e.g. ventolin, prednisolone, etc.) need to obtain a letter from their doctor as well as providing Therapeutic exemption form. You will be required to send AUS a copy of these forms ASAP as well as letting us know in advance that they are on their way

If you're not sure, check with your doctor or ASDA, ASAP.

FLIGHTS

AUS has requested flights as per sport arrangements and/or individual requirements. Details of your travel schedule along with your ticket may be available when you pick up your uniforms, if not, they will be sent directly to you prior to departure. Please ensure that you notify AUS if your postal address has recently changed. This is **VERY** important especially for those people who will be having their tickets sent directly to them.

LUGGAGE

Just a reminder that you may take 1 bag plus a carry-on bag only, unless you have already notified AUS in extenuating circumstances e.g. equipment. All excess baggage will be **at your own expense**.

We also recommend that you ensure any opening compartment of any of your luggage is locked (not just as a precaution against things being stolen from your luggage but also as prevention against things being added to your luggage).

Please note that baggage must be kept to 1 x 20kg (max) bag per person. It is recommended that in your hand luggage, you include:

- Passport
- Small towel
- Toiletries
- Alternate team t-shirt (white t-shirt)

You will be required to travel in your team dress shorts and white polo shirt.

SECURITY

Please ensure that you have made two photocopies of your passport's details page. Your Manager will collect one prior to Departure. You should keep the other copy in a different place to your Passport.



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Pick pocketing is common in Izmir. Please be cautious at all times and **DO NOT** at any stage leave your luggage unattended, especially coming into and departing airports. We recommend any valuable items e.g. CD Walkman, cameras, be part of your hand luggage, (this is also an insurance requirement).

It is also recommended that copies of your traveler's cheques & credit card details be made and left with parents for safety.

UNIFORM PICKUP

Uniforms are to be collected prior to departure. Uniforms can be collected between the **19 – 22 July 2005 if you have paid the Full Levy**. Below are the addresses & times for the uniform pick-up.

Brisbane

Contact: Jaclyn Anderson

Ground Floor, Zurich House
201 Leichhardt Street
Spring Hill, Qld, 4000
Ph (03) 3832 9874
Day/Time: Tue 19th – Fri 22nd
8.00am – 5.00pm

Sydney

Contact: Michelle Arnold

AUS East Office
Sports House
Level 3, Rm 18
Wattle St, Ultimo
Ph (02) 9552 2076
Time: Wed 20th – Fri 22nd
11.30am – 5.00pm Wed
10.00am – 3.30pm Thurs/Fri

Melbourne

Contact: Rod Warnecke or Kirsty Dench

The University of Melbourne
Melbourne University Sport
Sports Centre - Tin Alley
Carlton VIC, 3010
Ph: 03 8344 8891

Day/Time: Wed 20th – Fri 22nd
10.00am – 3.00pm

Canberra

Contact: Wanda Sipa

AIS Project Officer/GSM
Australian Institute of Sport
First Floor – Spine Building
Leverrier Cres
Bruce, ACT 2617
Ph: 02 6214 1570
Day/Time: Tue 19th – Wed 20th
3:30pm – 5:00pm

UNIFORM SIZES

Any sizing concerns should be directed to the Team Manager in the first instance. We will do our best to arrange alternatives but please be patient and bear in mind the supply of uniforms is limited.

Please note you will need to bring white sports shoes and white ankle socks to wear as part of your team uniform.

IZMIR

Transport

A transportation service will link all the competition sites to the Village. This will be based at the Athlete's Village.

Administration

The Australian delegation will have an administration area in the Village which will be staffed by the Senior Team Management.

Communication

While you are in Izmir, if anyone needs to contact you, please direct them to the AUS office, as we will be in close contact during this time. The contact details are:

Ph (07) 3832 9874
Fax (07) 3832 9879



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AUS will send regular updates to the AUS membership. If you have family or friends who would like to be sent email updates of results or the daily newsletter, they can forward their email to AUS.

Medical

A team Medical area will be established on arrival. Rosters will be prepared for all medical staff.

Currency

The official currency in use is Yeni Türk Lirai (abbreviated as YTL, which stands for the New Turkish Lira) since January 1st 2005. Until then, currency in circulation had been Türk Lirasi. Year 2005 is considered as a transition period from the formerly circulating Turkish Lira to the New Turkish; hence, both TL and YTL will be in circulation until December 31st, 2005.

The conversion: (13th July, 2005)

1 AUD = 1.00602 YTL

1 Euro = 1.63 YTL

1 USD = 1.33

Time

Izmir is 7 hours behind East Coast Australia (EST) So if the time is 8:00am in Sydney it will be 1:00am in Izmir.

AUS E-VENTS

For more information and to keep up to date with the latest information regarding AUS and its events why not subscribe to E-vents – AUS' electronic newsletter.

Click here to subscribe:

<http://www.unigames.com.au/subscribe.html>

TEAM INFORMATION

Information regarding the team for the 2005 WUSG including team lists, electronic copies of team newsletters, etc are all

contained on the AUS website (see link below).

WEBSITES

For more information from the WUSG hosts please see the WUSG website:

www.universiade-daegu.org or the International University Sports Federation website: www.fisu.net

For more information on the Australian team, please see the AUS website:

www.unisport.com.au

KEEP IN TOUCH

With only 2 ½ weeks to go it is very important that we receive any outstanding information, passport photos, copies of passports, eligibility letters and, certificates and levy payments immediately to ensure that all orders and entries can be completed in time for departure.

Also if your contact details have recently changed please advise your Team Manager or AUS immediately. Some uniform items will need to be sent express post to your postal address on the 27th of August so please keep an eye out for them.

THINGS TO DO

Please ensure that prior to departure you have completed the followings:

- Ensure original copy of the eligibility document has been sent to AUS
- Ensure you have paid the full levy of \$4,300
- Collect Uniform and ticket
- Check all medication with the ASDA hotline

On behalf of AUS and the WUSG Team Management, we wish you every success and look forward to some fantastic results in Izmir.



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