



Triathlon (Men and Women)

Approved – 4 April 2005

These Championships are conducted under the rules of Triathlon Australia - www.triathlon.org.au with the following exceptions:

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- 1. Team Size**
 - 1.1** There is no maximum limit on the number of competitors or teams that can enter the Regional and National university triathlon events.
 - 1.2** The first four (4) individual competitors of each sex from each university to finish will count towards the Overall Championship.
 - 1.3** The first team in each division from each university to finish will count towards the Overall Championship.
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- 2. Duration**
 - 2.1** Courses distances must be approved by AUS and must be specified in the Application to Host. Nominated distance to be communicated via
 - 2.2** Regional Championship events should be in line with standard sprint distance races
 - a) Swim: Min: 300m Max: 1.5km
 - b) Cycle: Min: 15km Max: 40km
 - c) Run: Min: 4km Max: 10km.
 - 2.3** The National University Championship is required to be an Olympic distance event: Swim: 1.5km, Cycle: 40km, Run: 10km.
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- 3. Championship Grading**
 - 3.1** The following titles are to be contested:
 - a) Men's Elite
 - b) Women's Elite
 - c) Men's Individual
 - d) Women's Individual
 - e) Men' Team (max 3 person with each undertaking one leg of race)
 - f) Women's Team (max 3 person with each undertaking one leg of race)
 - g) Mixed Team (max 3 person with each undertaking one leg of race)
 - h) Overall Champion University
 - 3.2** The first three place getters in the individual divisions (a), b), c) and d)) will be determined based on time comparisons where a single wave start is not implemented. (Where possible, a single wave start should be provided for the National University Championships)
 - 3.3** The first three place getters in each of the team division will be determined on finishing order (team divisions should start in same waves)
 - 3.4** The Champion University will be the university with the highest combined total based on the combination of points from all five divisions as follows:

- a) **Elite Men & Women:** All competitors score points. Scoring is the same as Individual Men and Women titles but all scores are doubled:

- 1st (No. of competitors plus 1) +20
- 2nd (No. of competitors minus 1) +20
- 3rd (No. of competitors minus 2) +20
- 4th (No. of competitors minus 3) +20 and so on

For example if there are 10 teams 1st would get 31 points, 2nd 29, 3rd 28, 4th 27

- b) **Individual Men & Women:** First 4 finishers from each university score points. Points allocated relative to number of university competitors:

- 1st No. of competitors plus 1
- 2nd No. of competitors minus 1
- 3rd No. of competitors minus 2
- 4th No. of competitors minus 3 and so on

For example: if there are 50 competitors 1st would get 51pts, 2nd 49, 3rd 48, 4th 47

- c) **Team Men, Women & Mixed:** First team from each university scores points. Scoring is the same as Individual Men and Women titles but all scores are doubled:

- 1st (No. of competitors plus 1) x2
- 2nd (No. of competitors minus 1) x2
- 3rd (No. of competitors minus 2) x2
- 4th (No. of competitors minus 3) x2 and so on

For example if there are 10 teams 1st would get 22 points, 2nd 18, 3rd 16, 4th 14

- 3.5** Where two universities tie for the overall Championship, the university with the highest points based on the combination of the individual titles only will be deemed the winner.

4. Presentation

- 4.1** Presentations should follow as close as possible after the completion of the event.
- 4.2** At the completion of the Championship a pennant and trophy (if existing) shall be awarded to the university that wins the Overall University Champion.

5. Safety Requirements

- 5.1** Course Marshals have ultimate and final authority to remove a participant from the race if the participant is physically incapable of continuing the race without sustaining severe damage or loss of life.
- 5.2** Participants must heed directions and instructions from all race officials and police.

6. Uniform Requirements

- 6.1** Minimum uniform requirements for AUS events must be met (where applicable for the specific sport):
- A competitor must not use equipment or wear anything that is dangerous to him/herself or another competitor (including any kind of jewellery).
 - All numbers on shirts need to be clearly visible, and in a contrasting colour to the dominant colour of the shirt.

- 6.2** Specific Sport Uniform Standards - The uniform requirements for each specific sport should be as per the national sporting organisation standard with the following minimum uniform requirements:

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7. Team Duties

7.1 Team duties are an imperative part of the University Games and the development of sport event management skills across the University Sporting structure. The roster and role description will be provided to each Sports Specific Team Manager at the Sports Specific Team Managers Meeting if duties are required. **Teams that do not fulfil team duties will be fined as per the AUS Good Faith Fee policy.**

7.2 The specific requirement for **Triathlon** at AUS events is:

- Currently there are no specific duties

Previous rule amendments

20 May 2004