

UniSport Australia Guideline

Rowing

Men, women and mixed

UniSport Australia (UniSport) rowing competitions are conducted in accordance with the rules of [Rowing Australia \(RA\)](#) except where these differ from UniSport competition guidelines; in which case the latter shall take precedence. Reference should also be made to the UniSport *Breach of Competition Requirements* guideline for penalties related to breaches.

1. Team/squad size

- 1.1. Each university may enter up to two crews or sculler in each event.

2. Crew substitutions

- 2.1. Upon close of entries each university shall ensure, so far as possible, the accuracy of names of competitors of all crew entries via [Rowing Manager](#).
- 2.2. All teams require a Point of Contact information in their registrations
- 2.3. Substitutions will be in accordance with Rowing Australia rules, with the exception of single scullers. A single sculler may be replaced by advice in writing to the organising committee at least one hour before the event.
- 2.4. Universities unable to enter crews through rowing manager should contact Rowing ACT.

3. Competition format

- 3.1. The order of events for heats, repechages and finals shall be as follows:
 - a) M2X: Men's double scull
 - b) W1X: Women's single scull
 - c) W2-: Women's pair
 - d) WL2X: Women's lightweight double scull
 - e) PR3 Mix2x: Mixed double scull
 - f) M4+: Men's coxed four
 - g) ML1X: Men's lightweight single scull
 - h) PR3 M1x: Men's single scull
 - i) W2X: Women's double scull
 - j) W8+: Women's eight
 - k) M2-: Men's pair
 - l) ML2X: Men's lightweight double scull
 - m) M1X: Men's single scull
 - n) WL1X: Women's lightweight single scull
 - o) PR3 W1x: Women's single scull
 - p) W4+: Women's coxed four
 - q) M8+: Men's eight
- 3.2. On the afternoon of the second day of competition the following mixed events will be contested over a 1,000m straight course and run as heats and finals:
 - a) Mixed four with coxswain (2 male and 2 female rowers)
 - b) Mixed eight (4 male and 4 female rowers)
- 3.3. All events (except mixed events) shall be rowed over 2,000m on a straight course.
- 3.4. In the event that the organiser is unable to comply with rule 3.3, then a course registered by the relevant rowing association may suffice.
- 3.5. Draws for repechages and finals shall be governed by Rowing Australia Rules of Racing. All events will be raced utilising Alpha-Numeric Bow Numbers, issued no more than 3 hours prior to events.
- 3.6. Invitational crews:
 - Those crews that have been excluded, disqualified or are not eligible will not be able to row in subsequent races. However, they may approach the race referee if there are extenuating circumstances

- If the referee allows the extenuating circumstances the crew may be permitted to row in subsequent races (except in an A Final) but not count for points
- 3.7. The following Para 3 Category events will also be offered in the program and will be conducted under [Rowing Australia Rules – Appendix 6](#):

4. Point score

4.1. Championship points will be allocated as follows:

Placing	Eights	Fours	Pairs	Singles	Mixed Eights	Mixed Fours
1	96	48	36	24	48	24
2	64	32	24	16	32	16
3	48	24	18	12	24	12
4	40	20	15	10	20	10
5	36	18	13	9	18	9
6	28	14	10	7	14	7
7	24	12	9	6	12	6
8	20	10	7	5	10	5
9	16	8	6	4	8	4
10	12	6	4	3	6	3
11	8	4	3	2	4	2
12	4	2	1	1	2	1

4.2. The points allocated for the mixed events shall be equally divided between the men's and women's overall point score, i.e., 1st place in mixed fours will give 12 points to the overall men's point score and 12 points to the women's overall point score.

4.3. In the situation of an event being cancelled, points shall be allocated:

a) Heats only conducted:

- First place from each heat that qualifies for final A will share first & second points averaged
- All other places will go to the repechage and therefore will share averaged points based on the number of competitors (see table below)
- Single heat events (straight to final) will have points allocated as above

Example: Eights points

		HEATS									
		Number of competitors									
Placing	Eights	3	4	5	6	7	8	9	10	11	12
1	96	80	80	80	80	80	80	80	80	80	80
2	64	80	80	80	80	80	80	80	80	80	80
3	48	48	44	41.3	38	35.2	32.7	30.3	28	25.7	23.6
4	40		44	41.3	38	35.2	32.7	30.3	28	25.7	23.6
5	36			41.3	38	35.2	32.7	30.3	28	25.7	23.6
6	28				38	35.2	32.7	30.3	28	25.7	23.6
7	24					35.2	32.7	30.3	28	25.7	23.6
8	20						32.7	30.3	28	25.7	23.6

9	16							30.3	28	25.7	23.6
10	12								28	25.7	23.6
11	8									25.7	23.6
12	4										23.6

b) Heat & repechages conducted:

i) Final A:

- First place from each heat that qualifies for the final will share first & second points averaged.
- Remaining Final A competitors will share averaged points i.e. (places third to sixth in a six lane final)

ii) Final B:

- All competitors share averaged points
Example: Eights points

Eights (12 competitors)
80
80
38
38
38
38
38
14
14
14
14
14
14

5. Coxswain requirements

- 5.1. Coxswains are members of the crew. For clarity, any crew competing must be steered by a coxswain of the same university as the rest of the members of the crew.
- 5.2. The minimum weight for a coxswain (wearing racing uniform) is 55kg for all coxswains. The weighing scales shall indicate the weight of the coxswain to 0.1 kg.
- 5.3. Coxswains are required to bring their own weights. Coxswains without appropriate weights if required may be excluded from racing. To make up this weight, a coxswain may carry deadweight in a sealed bag which shall be placed in the boat as close as possible to their person. No article of racing equipment shall be considered as part of this deadweight.
- 5.4. Coxswains can be any gender for men's, women's, or mixed crews.

6. Lightweight rowers

- 6.1. Due to the timing of the championship in late September/early October, the lightweight rowers will be allowed to race at the FISA weights plus 5%.
- 6.2. Lightweight rowers are restricted to the following weights provided that the average weight of all members of crew (excluding coxswain) does not exceed: 73.5kg in case of men (70kg + 5%); and 59.85kg in case for women (57kg + 5%)
- 6.3. No individual Lightweight rower may weigh more than:
 - Men: 76.12kg max (72.5 kg + 5%)
 - Women: 61.95kg max (59 kg + 5%)

6.4. Lightweight rowers shall be weighed wearing at least their racing uniform on tested scales not less than one hour and not more than two hours before their first race of each lightweight event in which they are competing, each day of the competition. The weighing scales should indicate the weight of the rower to 0.1 kg.



7. Inclement weather

- 7.1. In the event of inclement weather, the regatta umpire/referee will consult with relevant Rowing Australia and UniSport officials to determine what action will be taken.
- 7.2. Where possible, events will be rescheduled rather than cancelled unless time permits otherwise.
- 7.3. In the event that races are postponed, all efforts must be made to reassess conditions on an ongoing basis in the case that races can be reinstated into the program.

8. Team duties

- 8.1 Team duties for rowing are:
 - a) The person fulfilling the team duty requirements can be any competent person associated with the team or university and does not necessarily have to be a player e.g. team manager.

9. Uniform requirements

- 9.1. In addition to the requirements as listed in the Rowing Australia Rules of Racing 2021 edition (Rule 51), the following requirements also apply:
 - a) Matching competition attire for all team competitors

Previous amendments

October 1998 | September 2003 | June 2004 | April 2005 | June 2010 | March 2011 | May 2012 | May 2014 | July 2015 | April 2017 | March 2018 | March 2019 | February 2020 | January 2021 | August 2022 | July 2023 | July 2024 | August 2024

*All competitions will be held in accordance with the UniSport competition guidelines.