

UniSport Australia Guideline

Swimming

Men and Women

UniSport Australia (UniSport) swimming competitions are conducted in accordance with the rules of [Swimming New South Wales \(NSW\)](#) except where these differ from UniSport sports guidelines; in which case the latter shall take precedence.

1. Team/squad size

- Maximum registrations per individual event – no limit
- Maximum entries per university per relay event – 1*

**Multiple teams per university may be entered but only the highest placing team will count towards the point score.*

2. Competition format

- 2.1. The general format and conduct of the events will be contested under the rules of the specific event organisers. Late entries will only be accepted for 24 hours after the close date, at the discretion of the event organiser and will attract a late fee.
- 2.2. If a nominated competitor withdraws from a relay event, a team may replace this withdrawal with another member of their named swimming squad. This applies only for heats.
- 2.3. Heats, if necessary, shall be conducted in the morning session preceding the finals session in the evening.
- 2.4. The following events are offered, and all events shall be conducted for both men and women competitors.
 - a) Freestyle: 50m, 100m, 200m, 400m, 800m, 1,500m
 - b) Backstroke: 50m, 100m, 200m
 - c) Breaststroke: 50m, 100m, 200m
 - d) Butterfly: 50m, 100m, 200m
 - e) Medley: 200m, 400m
 - f) Relays: 4x50m freestyle, 4x100m freestyle, 4x50m medley, 4x100m mixed medley
- 2.5. University finals will be conducted after the 'A' Final for all events provided that at least 35 swimmers contest the heats of that event. 800m and 1500m freestyle events as will be swum as timed finals with the fastest heat swam in the finals' session. All relays will be swum in the finals' session. Finals will be determined in the following manner:
 - a) Top 10 fastest (regardless of club or university entry) will compete in the 'A' Final.
 - b) Next 10 fastest university entries will compete in the 'University' Final.
 - c) Next 10 fastest club entries will compete in the 'Club' Final.
 - d) Where less than 35 swimmers contest the heat of an event, the ten (10) fastest swimmers from all heats will comprise the 'A' final and the next ten (10) fastest swimmers from all the heats will comprise the 'Uni & Club Combined' Final
- 2.6. The UniSport Nationals medallists will be determined in the following manner:
 - a) 'A' Final placings take precedence over 'University' Final placings. For example, if there are two university competitors in the 'A' Final, they will receive the UniSport gold and silver medals in order of their finishing position. The bronze medal will be awarded to the first-place finisher in the 'University' final.
- 2.7. No 'University' or 'Club' Finals will be conducted for Multi-Class Events. Each Multi Class Final will consist of a maximum of ten (10) swimmers. The Final will be filled with a maximum of three (3) swimmers from each class. If lanes are available, following this process, these will be filled based on the next highest scoring swimmers from the heats, regardless of

class. Multi-class events are offered in selected races (see page 4&5 for qualifying times). Medals are awarded to the top three university and top three club swimmers.

- 2.8. Participants must complete the following process to check in for their race:
- Report to the marshal in the call room two events prior to each race the participant is competing in
 - The marshal will confirm their identification and the participant will be eligible to compete.

3. Point score

3.1. The points awarded for each final shall be:

Place	Individual finals	Relay finals
1st	16 points	32 points
2nd	12 points	24 points
3rd	9 points	18 points
4th	7 points	14 points
5th	6 points	12 points
6th	5 points	10 points
7th	4 points	8 points
8th	3 points	6 points
9th	2 points	4 points
10th	1 point	2 points

** Points for the 4x100m mixed medley relay will be split evenly between the men's and women's point score total for each university involved.*

- If two or more competitors finish equal in an event, they shall share the points for the places tied.
- The university scoring the greatest number of points in the competition (separately for men and women), shall be declared the overall winners for the competition.
- If two or more universities score an equal number of points to tie for first place overall, they shall be declared joint winners of the competition.

4. Uniform requirements

- 4.1. The specific uniform requirements for swimming are as per [Swimming NSW General Rules – GR19](#) with the following UniSport uniform requirements:
- Swimming cap and goggles are compulsory
 - Swimmers competing in the UniSport Nationals should wear a swimming cap either with university branding or a plain design (i.e., not swim club branded)

5. Team duties

- Team duty requirements (if required) at UniSport events are:
 - Competing universities may be required to fill timekeeping duties via a duty roster
- The person fulfilling the team duty requirements can be any competent person associated with that team or university and does not necessarily have to be a player e.g. team manager.

5.3. Teams that do not fulfil team duties will be fined as per the UniSport guideline – *Breach of Competition Requirements*.

6. Qualifying times

- 6.1. All competitors must meet the qualifying times below established for the competition.
 6.2. Times must have been recorded since 1 May 2021 and can include the previous UniSport Nationals event. International competitions are valid if evidence of the qualifying time can be provided if requested.
 6.3. Competitors can use either a long course or short course qualifying time, however if using a short course time, their entry time will be equal to the qualifying time established for the event.
 6.4. Entries not meeting the qualifying times for any event will not be accepted.

Men	Event	Women
Freestyle		
26.50	50m	31.50
56.50	100m	1:04.50
2:05.00	200m	2:16.00
4:25.00	400m	4:45.00
9:20.00	800m	9:50.00
17:10.00	1500m	18:45.00
Backstroke		
31.00	50m	35.00
1:06.00	100m	1:13.00
2:27.00	200m	2:42.50
Breaststroke		
35.00	50m	39.00
1:12.00	100m	1:23.50
2:43.00	200m	2:59.00
Butterfly		
29.00	50m	32.00
1:02.00	100m	1:10.00
2:25.50	200m	2:42.00
Individual medley		
2:21.00	200m	2:35.50
5:03.00	400m	5:32.00
Relays		
1:50.00	4x50m freestyle	2:10.00
3:58.00	4x100m freestyle	4:22.00
2:05.00	4x50m medley	2:20.00
Mixed relay – 4x100m medley		4:40.00

7. Multi-class qualifying times

Women	50m Free	100m Free	200m Free	400m Free	100m Back	100m Fly		100m Breast		200m IM
S1	2:02.32	4:19.82			4:21.47		SB1		SM1	
S2	1:48.57	3:55.51			4:45.12		SB2		SM2	
S3	1:26.24	2:58.31			3:10.52		SB3	3:06.56	SM3	
S4	0:56.43	2:09.69			2:42.14		SB4	2:44.78	SM4	
S5	0:52.36	1:53.63			2:34.00		SB5	2:39.72	SM5	4:38.63
S6	0:51.81	1:54.62	4:13.66	8:43.05	2:07.49	2:29.16	SB6	2:30.48	SM6	4:47.54
S7	0:49.94	1:47.36	3:50.56	8:23.58	2:03.42	2:04.85	SB7	2:17.50	SM7	4:39.18
S8	0:45.87	1:39.11	3:34.50	7:20.22	1:53.08	1:58.47	SB8	1:57.48	SM8	4:17.29
S9	0:42.35	1:30.31	3:12.28	7:00.22	1:41.20	1:47.03	SB9	1:50.66	SM9	3:55.40
S10	0:40.92	1:28.77	3:12.28	6:44.25	1:46.59	1:39.00			SM10	3:41.10
S11	0:47.52	1:42.96	3:43.30	7:46.29	1:58.58	1:55.72	SB11	2:09.03	SM11	4:15.97
S12	0:40.48	1:26.35	3:04.03	7:01.96	1:40.54	1:37.24	SB12	2:01.99	SM12	3:39.34
S13	0:39.38	1:26.13	3:08.32	6:39.41	1:39.66	1:34.93	SB13	1:50.88	SM13	3:30.43
S14	0:41.58	1:29.76	3:13.71	6:50.41	1:40.43	1:40.32	SB14	1:57.48	SM14	3:40.66
S15	0:39.38	1:25.58	3:05.79	6:25.66	1:38.67	1:34.16	SB15	1:47.47	SM15	3:30.10
S16	0:45.65	1:42.30	3:49.46	8:24.02	2:18.60	1:44.28	SB16	2:18.82	SM16	4:33.02
S18	0:43.67	1:34.27	3:23.39	7:10.98	1:45.49	1:45.38	SB18	2:03.31	SM18	3:51.66
S19	0:41.58	1:29.76	3:13.71	6:50.41	1:40.43	1:40.32	SB19	1:57.48	SM19	3:40.66
Men	50m Free	100m Free	200m Free	400m Free	100m Back	100m Fly		100m Breast		200m IM
S1	1:39.33	3:39.78			4:37.64		SB1		SM1	
S2	1:26.46	3:07.88			3:11.73		SB2		SM2	
S3	1:07.32	2:32.79			2:58.75		SB3	2:46.21	SM3	
S4	0:54.67	1:59.79			2:26.19		SB4	2:19.92	SM4	
S5	0:47.52	1:49.34			2:18.16		SB5	2:10.90	SM5	4:28.18
S6	0:44.77	1:38.01	3:36.81	7:41.89	1:52.20	1:49.34	SB6	2:11.34	SM6	4:04.09
S7	0:41.14	1:29.98	3:13.38	7:03.06	1:48.24	1:51.98	SB7	2:00.89	SM7	3:58.48
S8	0:39.60	1:26.24	3:06.56	6:47.22	1:39.66	1:36.36	SB8	1:43.29	SM8	3:38.35
S9	0:37.95	1:24.26	2:59.52	6:22.36	1:33.61	1:32.73	SB9	1:45.82	SM9	3:25.70
S10	0:35.53	1:17.33	2:47.53	5:51.45	1:28.44	1:25.80			SM10	3:15.25
S11	0:37.40	1:21.62	2:56.99	6:15.21	1:39.66	1:31.41	SB11	1:58.91	SM11	3:25.81
S12	0:36.41	1:20.96	2:52.48	6:08.50	1:32.07	1:24.92	SB12	1:55.28	SM12	3:21.74
S13	0:34.21	1:19.09	2:52.92	6:08.72	1:31.74	1:27.12	SB13	1:51.98	SM13	3:20.97
S14	0:36.41	1:19.64	2:51.71	6:20.49	1:31.74	1:26.90	SB14	1:49.12	SM14	3:18.66

Men	50m Free	100m Free	200m Free	400m Free	100m Back	100m Fly		100m Breast		200m IM
S15	0:34.21	1:15.79	2:44.45	5:35.83	1:25.47	1:22.83	SB15	1:43.73	SM15	2:57.43
S16	0:39.71	1:28.88	3:19.21	7:52.89	1:47.25	2:14.75	SB16	2:11.56	SM16	3:57.49
S18	0:38.28	1:23.60	3:00.29	6:39.52	1:36.36	1:31.30	SB18	1:54.62	SM18	3:28.56
S19	0:36.41	1:19.64	2:51.71	6:20.49	1:31.74	1:26.90	SB19	1:49.12	SM19	3:18.66



8. UniSport Nationals current swimming records

Event	Record	Year	Record holder	Uni
Freestyle				
Men 50m	22.69	2011	Kyle Richardson	QUT
Women 50m	24.58	2021	Emma McKeon	GU
Men 100m	49.48	2019	Cameron McEvoy	GU
Women 100m	52.29	2021	Emma McKeon	GU
Men 200m	1:47.80	2021	Alex Graham	BOND
Women 200m	1:59.55	2021	Tamsin Cook	UWA
Men 400m	3:49.32	2019	Jack McLoughlin	QUT
Women 400m	4:07.29	2019	Kiah Melverton	GU
Men 800m	7:55.75	2019	Elijah Winnington	BOND
Women 800m	8:24.07	2021	Kiah Melverton	GU
Men 1500m	15:08.98	2021	Nick Sloman	QUT
Women 1500m	15:55.14	2021	Madeleine Gough	BOND
Backstroke				
Men 50m	24.69	2021	Isaac Cooper	QUT
Women 50m	27.83	2019	Kaylee McKeown	USC
Men 100m	54.53	2021	Isaac Cooper	QUT
Women 100m	59.46	2019	Kaylee McKeown	USC
Men 200m	1:58.24	2021	Ty Hartwell	QUT
Women 200m	2:07.10	2019	Kaylee McKeown	USC
Breaststroke				
Men 50m	28.16	2019	Grayson Bell	GU
Women 50m	31.50	2021	Mia O'Leary	UQ
Men 100m	1:01.11	2021	Joshua Yong	UWA
Women 100m	1:07.83	2019	Jenna Strauch	BOND
Men 200m	2:15.01	2009	Christian Sprenger	QUT
Women 200m	2:25.39	2019	Jenna Strauch	BOND
Butterfly				
Men 50m	23.46	2019	William Yang	USYD
Women 50m	26.09	2021	Emma McKeon	GU
Men 100m	52.69	2021	Shaun Champion	UTS
Women 100m	56.81	2021	Emma McKeon	GU
Men 200m	1:57.94	2019	David Morgan	GU
Women 200m	2:10.48	2019	Laura Taylor	BOND
Individual medley				
Men 200m	2:03.03	2019	Tomas Elliott	UTS
Women 200m	2:11.04	2019	Kaylee McKeown	USC
Men 400m	4:18.08	2021	Brendon Smith	LTU
Women 400m	4:49.30	2021	Emilie Muir	GU
Relays				
Men 4x50 free	1:31.65	2021	L Townsend, I Cooper, D Woodrow, E Banks	QUT
Women 4x50 free	1:43.79	2021	C Gubecka, G Cooney, I Sommerville, M O'Leary	UQ
Men 4x100 free	3:21.98	2021	L Townsend, I Cooper, D Woodrow, J Jacks	QUT
Women 4x100 free	3:46.34	2019	M Messer, K Melverton, E McKeon, A Stuart	GU
Men 4x50 medley	1:40.02	2021	I Cooper, L Townsend, E Banks, J Jacks	QUT
Women 4x50 medley	1:55.06	2019	M Atherton, J Strauch, A Schoorl, L Taylor	BOND
Men 4x100 medley	3:50.88	2011	A Gillespie, C Sprenger, G Irvine, K Richardson	QUT
Women 4x100 medley	4:20.05	2011	G Loh, S Marshall, M Guehrer, J Morrison	MELB

9. UniSport Nationals current Multi-Class swimming records

UniSport Men's Para Records				
50m Butterfly				
Classification	Record	Year	Name	University/Club
S10	30.21	2018	Aidan Yourell	SCU
S19	28.22	2022	Alexander Hejaj	WS
50m Backstroke				
Classification	Record	Year	Name	University/Club
S10	32.57	2018	Aidan Yourell	SCU
S19	31.60	2022	Alexander Hejaj	WS
50m Breaststroke				
Classification	Record	Year	Name	University/Club
SB19	34.25	2022	Alexander Hejaj	WS
50m Freestyle				
Classification	Record	Year	Name	University/Club
S10	28.31	2018	Aidan Yourell	SCU
S19	25.86	2022	Alexander Hejaj	WS
S9	26.82	2022	Timothy Hodge	WS
100m Butterfly				
Classification	Record	Year	Name	University/Club
S19	1:04.08	2022	Alexander Hejaj	WS
S9	1:01.88	2021	Timothy Hodge	WS
100m Backstroke				
Classification	Record	Year	Name	University/Club
S10	1:10.84	2018	Aidan Yourell	SCU
S9	1:03.33	2021	Timothy Hodge	WS
S19	1:11.13	2022	Alexander Hejaj	WS
100m Breaststroke				
Classification	Record	Year	Name	University/Club
SB19	1:19.82	2022	Alexander Hejaj	WS
SB3	2:03.43	2021	Ahmed Kelly	LTU
SB8	1:17.11	2022	Timothy Hodge	WS
SB9	1:20.15	2021	Sitivi Sooaemalelagi	AU
100m Freestyle				
Classification	Record	Year	Name	University/Club
S9	58.06	2022	Timothy Hodge	WS
S19	58.53	2022	Alexander Hejaj	WS
200m Butterfly				
Classification	Record	Year	Name	University/Club
S19	2:24.54	2022	Alexander Hejaj	WS
200m Freestyle				
Classification	Record	Year	Name	University/Club
S10	2:18.68	2018	Aidan Yourell	SCU
S19	2:11.88	2022	Alexander Hejaj	WS
400m Freestyle				
Classification	Record	Year	Name	University/Club
S9	4:22.23	2022	Timothy Hodge	WS
200m Individual Medley				
Classification	Record	Year	Name	University/Club
SM9	2:17.93	2021	Timothy Hodge	WS
SM19	2:36.11	2022	Alexander Hejaj	WS

UniSport Women's Para Records				
50m Butterfly				
Classification	Record	Year	Name	University/Club
S13	53.87	2018	Jessie Wilson	ACU
50m Backstroke				
Classification	Record	Year	Name	University/Club
S9	44.02	2018	Ebony Prelc	FU
S13	51.78	2018	Jessie Wilson	ACU
50m Breaststroke				
Classification	Record	Year	Name	University/Club
SB13	52.02	2018	Jessie Wilson	ACU
50m Freestyle				
Classification	Record	Year	Name	University/Club
S9	31.80	2019	Lakeisha Patterson	UQ
S7	35.72	2021	Tahlia Blanchard	ACPE
S10	29.87	2021	Keira Stephens	USC
S13	27.52	2021	Katja Dedekind	USC
S8	40.92	2022	Alicia Goodwin	QUT
100m Butterfly				
Classification	Record	Year	Name	University/Club
S8	1:26.03	2019	Tahlia Blanshard	ACPE
S7	1:28.38	2021	Tahlia Blanshard	ACPE
S10	1:25.78	2021	Ava Sayyadi	USYD
S14	1:14.05	2021	Victoria Jessamine	UTS
100m Backstroke				
Classification	Record	Year	Name	University/Club
S9	1:20.21	2019	Lakeisha Patterson	UQ
S10	1:24.10	2019	Lily Barras	UQ
S7	1:36.62	2021	Tahlia Blanshard	ACPE
S13	1:08.64	2021	Katja Dedekind	USC
S14	1:15.92	2021	Victoria Jessamine	UTS
S8	1:50.41	2022	Alicia Goodwin	QUT
100m Breaststroke				
Classification	Record	Year	Name	University/Club
SB13	1:50.24	2018	Jessie Wilson	ACU
SB8	1:33.86	2019	Lakeisha Patterson	UQ
SB10	1:30.32	2019	Lily Barras	UQ
SB7	1:50.78	2021	Tahlia Blanshard	ACPE
SB9	1:20.05	2021	Keira Stephens	USC
SB14	1:28.03	2021	Victoria Jessamine	UTS
100m Freestyle				
Classification	Record	Year	Name	University/Club
S10	1:06.94	2019	Lily barras	UQ
S7	1:17.57	2021	Tahlia Blanchard	ACPE
S13	1:00.91	2021	Katja Dedekind	USC
200m Individual Medley				
Classification	Record	Year	Name	University/Club
SM8	3:09.43	2019	Tahlia Blanshard	ACPE
SM10	3:04.45	2021	Ava Sayyadi	USYD
SM13	2:35.17	2021	Katja Dedekind	USC
SM14	2:44.03	2021	Victoria Jessamine	UTS

150m Individual Medley				
Classification	Record	Year	Name	University/Club
SM3	3:07.17	2021	Ahmed Kelly	LTU
400m Freestyle				
Classification	Record	Year	Name	University/Club
S9	4:41.62	2019	Lakeisha Patterson	UQ
S10	5:14.41	2019	Lily Barras	UQ

Previous rule amendments

August 2000 | July 2004 | August 2005 | March 2010 | May 2012 | May 2013 | June 2015 | April 2017 | June 2017 | October 2017 | March 2018 | February 2019 | January 2020 | January 2021 | July 2022 | March 2023

*All competitions will be held in accordance with the UniSport competition guidelines.

