

# 2024 Nationals Athletics

## Progression to finals format

Athletics Australia and UniSport have advised the below progression to finals format will be in place at the UniSport Nationals Athletics Championships, 24-26 April 2024. This format has been put in place due to the unprecedented number of event registrations and moving the event from a four to three-day format at the request of universities.

Please note that these formats may be influenced by final entry numbers on the day, as a result of event check-in, and are subject to change at the discretion of the competition manager (Athletics Australia).

### Men

#### 100m (66 entrants)

- If 8 heats – first 2 in each heat + 8 fastest times to 3 semi-finals – first 2 in each semi-final + 2 fastest times to final
- If 7 heats – first 3 in each heat + 3 fastest times to 3 semi-finals – first 2 in each semi-final + 2 fastest times to final

#### 200m (72 entrants)

- If 8 or 9 heats – fastest eight times to final
- If 7 heats – first in each heat +1 fastest time to final.
- B Finals may be implemented on the day pending number of final competitors

#### 400m (64 entrants)

- If 8 heats – fastest eight times to final
- If 7 heats – first in each heat +1 fastest time to final.
- If 6 heats – first in each heat + 2 fastest times to final

#### 800m (39 entrants)

- 4 heats – first 2 in each heat + 1 fastest time to final [Final of 9 – 2 athletes will start in lane 7]

#### 1500m (42 entrants)

- 3 timed finals with a consolidated result – fastest seeds in final 1; next group in final 2; slowest group in final 3

#### 5000m (32 entrants), 110mH (11 entrants), 400m hurdles (14 entrants)

- 2 timed finals with a consolidated result – fastest seeds in final 1; slower seeds in final 2

#### 3000m Steeplechase (10 entrants), 10000m (11 entrants), 5000m walk (1 entrant)

- 1 final only

## Women

### 100m (49 entrants)

- If 6 heats – first 3 in each heat + 6 fastest times to 3 semi-finals – first 2 in each semi-final + 2 fastest times to final
- If 5 heats – first 4 in each heat + 4 fastest times to 3 semi-finals – first 2 in each semi-final + 2 fastest times to final
- Para women – stand-alone timed final

### 200m (66 entrants)

- If 8 heats – fastest eight times to final
- If 7 heats – first in each heat +1 fastest time to final.
- If 6 heats – first in each heat +2 fastest times to final.
- B Finals may be implemented on the day pending number of final competitors

### 400m (34 entrants)

- If 4 heats – first in each heat + 4 fastest times to final
- If 3 heats – first 2 in each heat + 2 fastest times to final

### 800m (34 entrants)

- If 3 heats – first 2 in each heat + 3 fastest times to final [Final of 9 – 2 athletes will start in lane 7]

### 1500m (27 entrants)

- 2 timed finals with a consolidated result – fastest seeds in final 1; slowest seeds in final 2

### 100mH (24 entrants) / 400m hurdles (16 entrants)

- 2 or 3 timed finals with a consolidated result – fastest seeds in final 1; slower seeds in finals 2/3

### 5000m (25 entrants), 3000m Steeplechase (9 entrants), 10000m (9 entrants), 5000m walk (7 entrants)

- 1 final only