

2026 UniSport Indigenous Nationals

Medical Directory

29 June – 3 July, Newcastle Basketball Stadium, The Forum Sports and Aquatic Centre, Charlestown Netball Courts

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For quick reference, a list of all locations in this directory can be accessed using this [Google Maps link](#).

Event Medical Coverage – First Responders

UniSport Australia has provided Sports Trainers for the official event medical coverage. They are the designated first-responders to all injuries that occur on the field of play.

SMA Sports Trainers have current HLTAID009 – Provide CPR and HLTAID011 – Provide First Aid qualifications along with a minimum of Level 1 Sports Trainer accreditation. An SMA-accredited Sports Trainer is not simply a First Aider, but an individual with experience in managing sporting injuries and incidents, trained to provide quality, immediate injury care to athletes.

SMA Sports Trainers have skills and knowledge in the areas of sports taping, soft tissue injuries, on-field transport, stings, and allergies, as well as first aid skills such as CPR, wound and fracture management. Sports Trainers have access to the latest SMA policies and guidelines such as the SMA Concussion in Sport Policy and Extreme Heat Policy.

Level 1 Sports Trainers have received education including:

- Concussion Management
- Sports Taping (Ankle, Thumb and Finger)
- Transport of the Injured Athlete
- Nutrition and Hydration
- Drugs in Sport

Level 2 Sports Trainers are the most experienced, completing at least 50 hours of experience in an on-field role and proficient in all Level 1 Sports Trainer content as well as:

- Advanced Sports Taping (Knee, Shoulder, Elbow and Achilles)
- Spinal Injury Management
- Injury Prevention Programs
- Concussion Management
- Sports Massage
- Wound Management

- Athlete Wellbeing and Mental Health

Hospitals

Calvary Mater Hospital

- Edith Street, Waratah NSW 2298
- (02) 4921 1211
- Opening hours Monday – Sunday 24Hours
- Proximity to Newcastle Basketball Stadium 4.2km
The Forum Sports and Aquatic Centre 2.8km
Charlestown Netball Centre 10.3km

John Hunter Hospital

- Lookout Road, New Lambton Heights NSW 2305
- (02) 4921 3000
- Opening hours Monday – Sunday 24Hours
- Proximity to Newcastle Basketball Stadium 4.2km
The Forum Sports and Aquatic Centre 6.1km
Charlestown Netball Centre 10km

Lake Macquarie Private Hospital

- 3 Sydney Street, Gateshead NSW 2290
- (02) 4943 3122
- Opening hours Monday – Sunday 24Hours
- Proximity to Newcastle Basketball Stadium 12.5km
The Forum Sports and Aquatic Centre 14.9km
Charlestown Netball Centre 3.4km

General Practitioners

HealthSure Medical Centre

- Central, G01-G07/28 Blue Gum Road, Jesmond NSW 2299
- (02) 4951 2700
- Opening hours Monday – Friday 8:00AM- 5:30PM
Saturday – Sunday Closed
- Proximity to Newcastle Basketball Stadium 5.7km
The Forum Sports and Aquatic Centre 3.1km
Charlestown Netball Centre 9.8km

Charlestown General Practice

- 99 Pacific Highway, Charlestown NSW 2290
- (02) 4943 3166
- Opening hours Monday – Friday 8:30AM – 6:00PM
Saturday 8:30AM – 2:00PM
Sunday Closed
- Proximity to Newcastle Basketball Stadium 7.2km
The Forum Sports and Aquatic Centre 11.6km
Charlestown Netball Centre 1.8km

After Hours Practitioner

Newcastle After Hours Medical Service

- 154 Lambton Road, Broadmeadow NSW 2292
- (02) 4957 7778
- Opening hours

Monday – Friday	5:30PM – 9:00PM
Saturday	11:30AM – 9:00PM
Sunday	9:00AM – 4:00PM
- Proximity to

Newcastle Basketball Stadium	2.4km
The Forum Sports and Aquatic Centre	5.4km
Charlestown Netball Centre	6.6km

Pharmacies

Terrywhite Chemmart New Lambton

- 83 Regent Street, New Lambton NSW 2305
- (02) 4957 1217
- Opening hours

Monday – Friday	8:30AM – 5:30PM
Saturday	8:30AM – 12:30PM
Sunday	
- Proximity to

Newcastle Basketball Stadium	1.9km
The Forum Sports and Aquatic Centre	5.5km
Charlestown Netball Centre	7.0km

Chemist Warehouse Charlestown

- 196 Pacific Highway, Charlestown NSW 2290
- (02) 4943 5409
- Opening hours

Monday-Friday	8:00AM – 10:00PM
Saturday- Sunday	8:00AM - 8:00PM
- Proximity to

Newcastle Basketball Stadium	8.1km
The Forum Sports and Aquatic Centre	11.2km
Charlestown Netball Centre	2.4km

Sports Medicine Services

Broadmeadow Physiotherapy

- Level 1/154 Lambton Road, Broadmeadow NSW 2292
- (02) 4957 9800
- Opening hours

Monday – Friday	7:30AM – 7:00PM
Saturday – Sunday	Closed
- Proximity to

Newcastle Basketball Stadium	1.7km
The Forum Sports and Aquatic Centre	5.4km
Charlestown Netball Centre	7.2km

Transcend Health

- 4/10 William Street, Adamstown NSW 2289
- (02) 4961 3399
- Opening hours

Monday – Wednesday	10:30AM – 7:00PM
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| Thursday | 11:00AM – 7:00PM | |
| Friday | 10:30AM – 7:00PM | |
| Saturday | 7:00AM- 10:00AM | |
| Sunday | Closed | |
| Proximity to | Newcastle Basketball Stadium | 3.6km |
| | The Forum Sports and Aquatic Centre | 8.4km |
| | Charlestown Netball Centre | 5.4km |

Dental Services

New Lambton Family Dental

- Shop 4/71 Regent Street, New Lambton NSW 2305
- (02) 4953 9594
- Opening hours

Monday & Friday	8:00AM – 5:00PM	
Tuesday	9:00AM – 6:00PM	
Wednesday	9:00AM – 5:00PM	
Thursday	8:30AM – 5:00PM	
Saturday – Sunday	Closed	
- Proximity to

Newcastle Basketball Stadium	1.9km
The Forum Sports and Aquatic Centre	5.6km
Charlestown Netball Centre	6.9km

Pacific Smiles Dental Charlestown

- 5 Pearson Street, Charlestown NSW 2290
- (02) 4943 4299
- Opening hours

Monday – Thursday	8:30AM – 6:00PM	
Friday	8:30AM – 5:30PM	
Saturday	8:30AM – 5:00PM	
Sunday	Closed	
- Proximity to

Newcastle Basketball Stadium	8.1km
The Forum Sports and Aquatic Centre	11.2km
Charlestown Netball Centre	2.4km

Radiology Services

Hunter Imaging New Lambton

- Kingston Building, 14 Lookout Road, New Lambton Heights NSW 2305
- (02) 4925 5400
- Opening hours

Monday – Friday	9:00AM – 5:00PM	
Saturday – Sunday	Closed	
- Proximity to

Newcastle Basketball Stadium	4.0km
The Forum Sports and Aquatic Centre	6.5km
Charlestown Netball Centre	10.2km

Lumus Imaging Charlestown

- 316 Charlestown Road, Charlestown NSW 2290
- (02) 4985 2541
- Opening hours

Monday – Friday	8:00AM – 5:00PM	
Saturday – Sunday	Closed	
- Proximity to

Newcastle Basketball Stadium	7.8km
The Forum Sports and Aquatic Centre	10.8km
Charlestown Netball Centre	2.6km

National Support Services

Kids Helpline

- Free phone and online counselling for young people between the ages of 5 and 25.
- 1800 551 800

Suicide Call Back Service

- Free immediate phone counselling and support in a crisis.
- 1300 659 467

Lifeline

- Access to crisis support and suicide prevention services.
- 1800 551 800

13YARN

- Phone support for Aboriginal and Torres Strait Islander People.
- 13 92 76

1800 RESPECT

- National sexual assault, domestic and family violence counselling support.
- 1800 737 732

DV Connect

- Helping find pathways to safety, away from domestic, family and sexual violence.
- 1800 811 811

National Alcohol & Other Drug Hotline

- Free and confidential counselling, information and referral service for those struggling with use of alcohol or other drugs.
- 1800 250 015