

UniSport Australia Guideline

Concussion

Introduction

Concussion is a serious injury and may occur to any person at a UniSport event. All head injuries in all instances should be treated by the relevant sports trainer or first aid officer on site who will then notify the team manager of the student. The trainer will also report any head injuries to their supervisor for further follow up.

All head injuries will be referred to a medial practitioner for further assessment and treatment management. This includes:

- Any athlete that has lost consciousness
- Any athlete that has suffered memory loss
- Any athlete who has been dazed or confused even if only for a short period of time

Any athlete who has suffered a head injury at a UniSport event must leave the field of play immediately and not return until full clearance has been provided by a medial practitioner. This clearance is required to be provided in writing and submitted by the University Team Manager to the competition management team at the sport. The sports trainer must also be made aware of this clearance to play. Without such clearance, the student will not be able to take the field of play.

AIS position statement

UniSport Australia endorses the Concussion and Brain Health Position Statement, which can be found at: www.concussioninsport.gov.au/

Concussion and Brain Health Position Statement 2024 (CBHPS24) brings together the most contemporary evidence-based information and presents it in a format that is appropriate for all stakeholders. The Position Statement is intended to ensure that participant safety and welfare is paramount when dealing with concussion in sport.

The Position Statement is an initiative of the Australian Institute of Sport, Sports Medicine Australia, Australian Physiotherapy Association and Australasian College of Sport and Exercise Physicians. UniSport supports SMA initiatives in dealing with concussion and follows SMA practices at its events.

Previous amendments

New guideline in 2016 | October 2017 | March 2018 | March 2019 | April 2024