

UniSport Australia Guideline

Infectious Disease

Several blood-borne infectious diseases can be transmitted during body contact and collision sports. These diseases may be spread by contact between broken skin or mucous membranes and infected blood, saliva (not for HIV), semen and vaginal fluids.

UniSport strongly recommends that all people involved with UniSport events be informed of appropriate infectious disease policies and procedures.

For the purpose of this guideline, UniSport enforces the Sports Medicine Australia (SMA) Infectious Disease policy. A copy of the policy can be accessed via the [SMA website](#) or any SMA sports trainer engaged with a UniSport event. SMA support UniSport events and this information is provided with approval from SMA.

[Sports Medicine Australia Infectious Diseases Policy](#)
[Blood Rules OK Booklet](#)

Previous amendments

March 2008 | March 2011 | April 2012 | May 2014 | October 2017 | March 2018 | May 2023 | February 2024 | November 2024 | November 2025