

UniSport Australia Guideline

Cycling

Men and Women

UniSport cycling competitions are conducted in accordance with the rules of [AusCycling](#) except where these differ from UniSport completion guidelines; in which case the latter shall take precedence. Reference should also be made to the UniSport *Breach of Competition Requirements* guideline for penalties related to breaches.

1. Team/squad size

- Minimum registered cyclists – 1
- Maximum registered cyclists – no limit

1.1. All riders will be required to hold a [AusCycling Race All Discipline membership](#).

2. Competition format

2.1. The following race categories will be contested for both men's and women's competitions:

- Individual time trial
- Criterium
- Road race

2.2. Course length

Course lengths will be set with consideration given to the difficulty of the course and the below guidelines. The competition manager reserves the right to adjust course lengths due to the selected competition venue.

Event	Course length
Individual Time Trial (men)	30 – 40 km
Individual Time Trial (women)	20 – 30 km
Road Race (men)	80 - 90 km
Road Race (women)	60 - 70 km
Criterium (men)	1 hour + 3 laps
Criterium (women)	40 minutes + 3 laps

2.3. Criterium events:

- If field entries are greater than 50, two heats, followed by a final, will be conducted in a 25 minutes + 3 laps competition format.
- A minimum break of one hour between the completion of the last heat and the commencement of the final is required.
- Lapped riders may be pulled out of the race, unless a breakaway bunch laps the main bunch.
- Punctures, mechanical failures or falls: riders affected by one of these incidents are to report to the commissaire at the start / finish line. Laps out are only allowed for a recognised mishap. This will be determined by the commissaire.

2.4. Participants must obey all road rules and heed directions and instructions from all race officials and police.

3. Points score

3.1. Points will be awarded on the following basis:

Individual events	
1 st	9
2 nd	7
3 rd	6
4 th	5
5 th	4
6 th	3
7 th	2
8 th	1

3.2. Points scored shall be added up to determine an overall individual champion for both men and women.

3.3. In the event that two or more riders have equal numbers of points, the following criteria shall be used in the following order to determine the winner:

- a) The number of first places in separate events.
- b) The order of finishing in the time trial.
- c) The order of finishing in the road race.

3.4. The overall men's and women's champion university will be decided by combining the total number of points scored by each university:

- a) Where a university has more than one rider scoring points in the individual competition, only the top three riders will have their points count for that university overall score.
- b) In the event that two or more teams have an equal numbers of points, the following criteria shall be used to determine the winning team:
 - i) The number of first places in separate events
 - ii) Next highest place getter in separate events
 - iii) Should the teams still be equal using the above criteria they shall be declared joint champions.
 - iv) The overall champion university will be decided by combining the men's and women's point score.

4. Uniform requirements

4.1. The specific uniform requirements for cycling are as per AusCycling standard with the following UniSport uniform requirements:

- a) All team members must compete in matching university-branded jerseys.
- b) Any helmet with the required standard as listed in AusCycling General Regulations must be worn at all times during the competition including warm up.
- c) Neat, clean, appropriate clothing and shoes e.g. tight fitting lycra and cycling shoes.
- d) Racing jerseys must cover the shoulders.
- e) Riders will be issued race numbers to be placed over the rear shirt pocket, visible to officials.

Previous amendments

August 2001 | May 2004 | April 2005 | March 2010 | March 2011 | May 2012 | June 2013 | May 2014 | February 2015 | April 2017 | October 2017 | February 2018 | March 2018 | March 2019 | January 2021 | August 2022 | May 2024 | January 2025 | February 2025 | November 2025

*All competitions will be held in accordance with the UniSport competition guidelines.