

UniSport Australia Guideline

Swimming

Men and Women

UniSport Australia (UniSport) swimming competitions are conducted in accordance with the rules of [Swimming New South Wales \(Swimming NSW\)](#) except where these differ from UniSport sports guidelines; in which case the latter shall take precedence.

1. Team/squad size

- Maximum registrations per individual event – no limit
- Maximum entries per university per relay event – 1*

**Multiple teams per university may be entered but only the highest placing team will count towards the point score.*

2. Competition format

- 2.1. The general format and conduct of the events will be contested under the rules of the specific event organisers. Late entries will only be accepted for 24 hours after the close date, at the discretion of the event organiser and will attract a late fee.
- 2.2. If a nominated competitor withdraws from a relay event, a team may replace this withdrawal with another member of their named swimming squad. This applies only for heats.
- 2.3. Heats, if necessary, shall be conducted in the morning session preceding the finals session in the evening.
- 2.4. The following events are offered, and all events shall be conducted for both men and women competitors.
 - 2.4.1. Freestyle: 50m, 100m, 200m, 400m, 800m, 1,500m
 - 2.4.2. Backstroke: 50m, 100m, 200m
 - 2.4.3. Breaststroke: 50m, 100m, 200m
 - 2.4.4. Butterfly: 50m, 100m, 200m
 - 2.4.5. Medley: 200m, 400m
 - 2.4.6. Relays: 4x200m freestyle, 4x100m freestyle, 4x100m medley, 4x100m mixed medley
- 2.5. Finals will be conducted as 'A' and 'B' finals provided that twenty-five (25) swimmers contest the heats of that event. The top 10 fastest from the heats, regardless of club or university, will compete in the 'A' final and the next ten (10) fastest from the heats, regardless of club or university, will compete in the 'B' final.
 - 2.5.1. 800m and 1500m freestyle events will be swum as timed finals with the fastest heat swam in the finals' session.
 - 2.5.2. All relays will be swum in the finals' session.
- 2.6. The UniSport Nationals medallists will be determined in the following manner:
 - 2.6.1. 'A' Final placings take precedence over 'B' Final placings. For example, if there are two university competitors in the 'A' Final, they will receive the UniSport gold and silver medals in order of their finishing position. The bronze medal will be awarded to the first-place finisher in the 'B' final.
 - 2.6.2. If no university placing can be determined from the combined 'A' and 'B' final, then the next fastest time from the heats' session will earn that undetermined placing.
- 2.7. No 'B' Finals will be conducted for Multi-Class Events. Each Multi-Class Final will consist of a maximum of ten (10) swimmers. The Final will be filled with the top 10 qualifiers based on Para points. Multi-class events are offered in selected races (see page 4 & 5 for qualifying times). Medals are awarded to the top three university and top three club swimmers.
- 2.8. Assisted self-marshalling will be the check-in process for all participants. Check starters will be available to assist, support, and direct swimmers on the pool deck. The Call Room

Supervisor in the marshalling area will indicate when the next heat is required to move to the chairs behind the blocks.

- 2.8.1. Swimmers are expected to know what event, heats, and lane they will be swimming in from the program.
- 2.8.2. For Heats, swimmers will report to the chairs behind the blocks for their event, preferably via the marshalling area. The fastest heats will report first. To avoid congestion, swimmers need only enter the marshalling area:
 - 2.8.2.1. Four (4) heats prior for 50m, 100m, and 200m events.
 - 2.8.2.2. Two (2) heats prior for 400m, 800m, and 1500m events.
 - 2.8.2.3. The first heat of each session must report five (5) minutes prior to the scheduled start time.
- 2.8.3. For Finals, swimmers must report two (2) events prior.
- 2.9. Swimmers who are entered into and contesting the 1500m, 800m, 400m freestyle and the 400m Individual Medley must register their intention to swim or withdraw prior to the commencement of the session in which the event is to be swum. Registration is via QR code which will be made available to all swimmers in the week preceding the event. Failure to register your intention to swim will result in the swimmer being automatically withdrawn from the event.

3. Point score

- 3.1. The points awarded for each final shall be:

| Place | Individual finals | Relay finals |
|-------|----------------------|--------------|
| 1st | 16 points | 32 points |
| 2nd | 12 points | 24 points |
| 3rd | 9 points | 18 points |
| 4th | 7 points | 14 points |
| 5th | 6 points | 12 points |
| 6th | 5 points | 10 points |
| 7th | 4 points | 8 points |
| 8th | 3 points | 6 points |
| 9th | 2 points | 4 points |
| 10th | 1 point | 2 points |

* Points for the 4x100m mixed medley relay will be split evenly between the men's and women's point score total for each university involved.

- 3.2. If two or more competitors finish equal in an event, they shall share the points for the places tied.
- 3.3. The university scoring the greatest number of points in the competition (separately for men and women), shall be declared the overall winners for the competition.
- 3.4. If two or more universities score an equal number of points to tie for first place overall, the university with the highest number of first placings will be deemed the winner.
 - 3.4.1. If universities are still equal, then the process will follow to the University with the highest number of second placings, third placings and so on until a winner is found.

4. Uniform requirements

4.1. The specific uniform requirements for swimming are as per [Swimming NSW General Rules – GR19](#) with the following UniSport uniform requirements:

4.1.1. Swimming cap and goggles are compulsory

4.1.2. Swimmers competing in the UniSport Nationals should wear a swimming cap either with university branding or a plain design (i.e., not swim club branded)

5. Team duties

5.1. Team duty requirements (if required) at UniSport events are:

5.1.1. Competing universities may be required to fill timekeeping duties via a duty roster

5.2. The person fulfilling the team duty requirements can be any competent person associated with that team or university and does not necessarily have to be a player e.g. team manager.

5.3. Teams that do not fulfil team duties will be fined as per the [UniSport guideline – Breach of Competition Requirements](#).

6. Qualifying times

6.1. All competitors must meet the qualifying times below established for the competition.

6.2. Times must have been recorded since 1 October 2024 and can include the previous UniSport Nationals event. International competitions are valid if evidence of the qualifying time can be provided if requested.

6.3. Competitors can use either a long course or short course qualifying time, however if using a short course time, their entry time will be equal to the qualifying time established for the event.

6.4. Entries not meeting the qualifying times for any event will not be accepted.

| Men | Event | Women |
|---------------------|--------------|----------|
| Freestyle | | |
| 26.50 | 50m | 31.50 |
| 56.50 | 100m | 1:04.50 |
| 2:05.00 | 200m | 2:16.00 |
| 4:25.00 | 400m | 4:45.00 |
| 9:20.00 | 800m | 9:50.00 |
| 17:10.00 | 1500m | 18:45.00 |
| Backstroke | | |
| 31.00 | 50m | 35.00 |
| 1:06.00 | 100m | 1:13.00 |
| 2:27.00 | 200m | 2:42.50 |
| Breaststroke | | |
| 35.00 | 50m | 39.00 |
| 1:12.00 | 100m | 1:23.50 |
| 2:43.00 | 200m | 2:59.00 |
| Butterfly | | |
| 29.00 | 50m | 32.00 |
| 1:02.00 | 100m | 1:10.00 |
| 2:25.50 | 200m | 2:42.00 |

| Men | Event | Women |
|------------------------------------|-------------------------|---------|
| Individual medley | | |
| 2:19.00 | 200m | 2:33.50 |
| 4:57.00 | 400m | 5:20.00 |
| Relays | | |
| 8:35.00 | 4x200m freestyle | 9:18.00 |
| 3:58.00 | 4x100m freestyle | 4:22.00 |
| 4:26.00 | 4x100m medley | 4:50.00 |
| Mixed relay – 4x100m medley | | 4:45.00 |



7. Multi-class qualifying times

| Women | 50m Free | 100m Free | 200m Free | 400m Free | 100m Back | 100m Fly | 100m Breast | 200m IM |
|------------|----------|-----------|-----------|-----------|-----------|----------|-------------|-------------|
| S1 | 2:02.32 | 4:19.82 | | | 4:21.47 | | SB1 | |
| S2 | 1:48.57 | 3:55.51 | | | 4:45.12 | | SB2 | |
| S3 | 1:26.24 | 2:58.31 | | | 3:10.52 | | SB3 | 3:06.56 |
| S4 | 0:56.43 | 2:09.69 | | | 2:42.14 | | SB4 | 2:44.78 |
| S5 | 0:52.36 | 1:53.63 | | | 2:34.00 | | SB5 | 2:39.72 |
| S6 | 0:51.81 | 1:54.62 | 4:13.66 | 8:43.05 | 2:07.49 | 2:29.16 | SB6 | 2:30.48 |
| S7 | 0:49.94 | 1:47.36 | 3:50.56 | 8:23.58 | 2:03.42 | 2:04.85 | SB7 | 2:17.50 |
| S8 | 0:45.87 | 1:39.11 | 3:34.50 | 7:20.22 | 1:53.08 | 1:58.47 | SB8 | 1:57.48 |
| S9 | 0:42.35 | 1:30.31 | 3:12.28 | 7:00.22 | 1:41.20 | 1:47.03 | SB9 | 1:50.66 |
| S10 | 0:40.92 | 1:28.77 | 3:12.28 | 6:44.25 | 1:46.59 | 1:39.00 | | SM10 |
| S11 | 0:47.52 | 1:42.96 | 3:43.30 | 7:46.29 | 1:58.58 | 1:55.72 | SB11 | 2:09.03 |
| S12 | 0:40.48 | 1:26.35 | 3:04.03 | 7:01.96 | 1:40.54 | 1:37.24 | SB12 | 2:01.99 |
| S13 | 0:39.38 | 1:26.13 | 3:08.32 | 6:39.41 | 1:39.66 | 1:34.93 | SB13 | 1:50.88 |
| S14 | 0:41.58 | 1:29.76 | 3:13.71 | 6:50.41 | 1:40.43 | 1:40.32 | SB14 | 1:57.48 |
| S15 | 0:39.38 | 1:25.58 | 3:05.79 | 6:25.66 | 1:38.67 | 1:34.16 | SB15 | 1:47.47 |
| S16 | 0:45.65 | 1:42.30 | 3:49.46 | 8:24.02 | 2:18.60 | 1:44.28 | SB16 | 2:18.82 |
| S18 | 0:43.67 | 1:34.27 | 3:23.39 | 7:10.98 | 1:45.49 | 1:45.38 | SB18 | 2:03.31 |
| S19 | 0:41.58 | 1:29.76 | 3:13.71 | 6:50.41 | 1:40.43 | 1:40.32 | SB19 | 1:57.48 |
| Men | 50m Free | 100m Free | 200m Free | 400m Free | 100m Back | 100m Fly | 100m Breast | 200m IM |
| S1 | 1:39.33 | 3:39.78 | | | 4:37.64 | | SB1 | |
| S2 | 1:26.46 | 3:07.88 | | | 3:11.73 | | SB2 | |
| S3 | 1:07.32 | 2:32.79 | | | 2:58.75 | | SB3 | 2:46.21 |
| S4 | 0:54.67 | 1:59.79 | | | 2:26.19 | | SB4 | 2:19.92 |
| S5 | 0:47.52 | 1:49.34 | | | 2:18.16 | | SB5 | 2:10.90 |
| S6 | 0:44.77 | 1:38.01 | 3:36.81 | 7:41.89 | 1:52.20 | 1:49.34 | SB6 | 2:11.34 |
| S7 | 0:41.14 | 1:29.98 | 3:13.38 | 7:03.06 | 1:48.24 | 1:51.98 | SB7 | 2:00.89 |
| S8 | 0:39.60 | 1:26.24 | 3:06.56 | 6:47.22 | 1:39.66 | 1:36.36 | SB8 | 1:43.29 |
| S9 | 0:37.95 | 1:24.26 | 2:59.52 | 6:22.36 | 1:33.61 | 1:32.73 | SB9 | 1:45.82 |
| S10 | 0:35.53 | 1:17.33 | 2:47.53 | 5:51.45 | 1:28.44 | 1:25.80 | | SM10 |
| S11 | 0:37.40 | 1:21.62 | 2:56.99 | 6:15.21 | 1:39.66 | 1:31.41 | SB11 | 1:58.91 |
| S12 | 0:36.41 | 1:20.96 | 2:52.48 | 6:08.50 | 1:32.07 | 1:24.92 | SB12 | 1:55.28 |
| S13 | 0:34.21 | 1:19.09 | 2:52.92 | 6:08.72 | 1:31.74 | 1:27.12 | SB13 | 1:51.98 |
| S14 | 0:36.41 | 1:19.64 | 2:51.71 | 6:20.49 | 1:31.74 | 1:26.90 | SB14 | 1:49.12 |
| S15 | 0:34.21 | 1:15.79 | 2:44.45 | 5:35.83 | 1:25.47 | 1:22.83 | SB15 | 1:43.73 |

| Men | 50m Free | 100m Free | 200m Free | 400m Free | 100m Back | 100m Fly | 100m Breast | | 200m IM |
|------------|----------|-----------|-----------|-----------|-----------|----------|-------------|---------|---------------------|
| S16 | 0:39.71 | 1:28.88 | 3:19.21 | 7:52.89 | 1:47.25 | 2:14.75 | SB16 | 2:11.56 | SM16 3:57.49 |
| S18 | 0:38.28 | 1:23.60 | 3:00.29 | 6:39.52 | 1:36.36 | 1:31.30 | SB18 | 1:54.62 | SM18 3:28.56 |
| S19 | 0:36.41 | 1:19.64 | 2:51.71 | 6:20.49 | 1:31.74 | 1:26.90 | SB19 | 1:49.12 | SM19 3:18.66 |



8. UniSport Nationals current swimming records

| Event | Record | Year | Record holder | Uni |
|--------------------------|----------|--------------|----------------------------------------------------|------------|
| Freestyle | | | | |
| Men 50m | 22.34 | 2023 | Flynn Southam | BOND |
| Women 50m | 24.58 | 2021 | Emma McKeon | GU |
| Men 100m | 48.97 | 2024 | Flynn Southam | BOND |
| Women 100m | 52.29 | 2021 | Emma McKeon | GU |
| Men 200m | 1:46.36 | 2023 | Flynn Southam | BOND |
| Women 200m | 1:59.55 | 2021 2024 | Tamsin Cook Rebecca Jacobson | UWA QUT |
| Men 400m | 3:49.32 | 2019 | Jack McLoughlin | QUT |
| Women 400m | 4:07.29 | 2019 | Kiah Melverton | GU |
| Men 800m | 7:55.75 | 2019 | Elijah Winnington | BOND |
| Women 800m | 8:24.07 | 2021 | Kiah Melverton | GU |
| Men 1500m | 15:08.98 | 2021 | Nick Sloman | QUT |
| Women 1500m | 15:55.14 | 2021 | Madeleine Gough | BOND |
| Backstroke | | | | |
| Men 50m | 24.69 | 2021 | Isaac Cooper | QUT |
| Women 50m | 27.83 | 2019 | Kaylee McKeown | USC |
| Men 100m | 54.53 | 2021 | Isaac Cooper | QUT |
| Women 100m | 59.46 | 2019 | Kaylee McKeown | UniSC |
| Men 200m | 1:57.42 | 2023 | Bradley Woodward | WS |
| Women 200m | 2:07.10 | 2019 | Kaylee McKeown | UniSC |
| Breaststroke | | | | |
| Men 50m | 27.63 | 2023 | Samuel Williamson | MELB |
| Women 50m | 31.38 | 2025 | Mia O'Leary | BOND |
| Men 100m | 1:00.21 | 2024 | Zac Stubblety-Cook | GU |
| Women 100m | 1:07.83 | 2019 | Jenna Strauch | BOND |
| Men 200m | 2:07.89 | 2024 | Zac Stubblety-Cook | GU |
| Women 200m | 2:25.39 | 2019 | Jenna Strauch | BOND |
| Butterfly | | | | |
| Men 50m | 23.35 | 2023 | Ben Armbruster | BOND |
| Women 50m | 26.09 | 2021 | Emma McKeon | GU |
| Men 100m | 51.99 | 2024 | Shaun Champion | UTS |
| Women 100m | 56.81 | 2021 | Emma McKeon | GU |
| Men 200m | 1:57.94 | 2019 | David Morgan | GU |
| Women 200m | 2:06.47 | 2024 | Elizabeth Dekkers | UQ |
| Individual medley | | | | |
| Men 200m | 2:00.45 | 2023 | Se-Bom Lee | UTS |
| Women 200m | 2:11.04 | 2019 | Kaylee McKeown | UniSC |
| Men 400m | 4:18.08 | 2021 | Brendon Smith | LTU |
| Women 400m | 4:44.25 | 2023 | Kayla Hardy | UC |
| Relays | | | | |
| Men 4x50 free | 1:30.57 | 2024 | B Armbruster, J Collett, J Coleman, F Southam | BOND |
| Women 4x50 free | 1:43.35 | 2024 | M O'Leary, H Casey, M Condren, E Doherty | BOND |
| Men 4x100 free | 3:20.77 | 2024 | F Southam, J Collett, T Hauck, B Armbruster | BOND |
| Women 4x100 free | 3:46.17 | 2023 | G Cooney, J Davison-McGovern, E Dekkers, C Gubecka | UQ |
| Men 4x50 medley | 1:39.54 | 2024 | F McLachlan, J Collett, B Armbruster, F Southam | BOND |
| Women 4x50 medley | 1:55.06 | 2019 | M Atherton, J Strauch, A Schoorl, L Taylor | BOND |
| Men 4x100 medley | 3:50.88 | 2011 | A Gillespie, C Sprenger, G Irvine, K Richardson | QUT |

| Event | Record | Year | Record holder | Uni |
|--------------------|---------|------|------------------------------------------|------|
| Women 4x100 medley | 4:20.05 | 2011 | G Loh, S Marshall, M Guehrer, J Morrison | MELB |
| Mixed 4x100 medley | 3:53.77 | 2023 | T Hauck, J Collett, L Taylor, M O'Leary | BOND |

9. UniSport Nationals current Multi-Class swimming records

| Event | Classification | Record | Year | Name | Uni |
|-------------------|----------------|---------|------|--------------------|-------|
| Freestyle | | | | | |
| Women 50m | S4 | 40.81 | 2023 | Rachael Watson | UQ |
| Women 50m | S7 | 35.72 | 2021 | Tahlia Blanchard | ACPE |
| Men 50m | S9 | 26.82 | 2022 | Timothy Hodge | WS |
| Women 50m | S9 | 29.51 | 2024 | Emily Beecroft | UniSC |
| Men 50m | S10 | 28.31 | 2018 | Aidan Yourell | SCU |
| Women 50m | S10 | 28.71 | 2023 | Jasmine Greenwood | UC |
| Women 50m | S12 | 29.35 | 2025 | Jenna Jones | UniSC |
| Women 50m | S13 | 27.52 | 2021 | Katja Dedekind | UniSC |
| Men 50m | S15 | 23.80 | 2023 | Nicholas Layton | MON |
| Women 50m | S15 | 28.56 | 2024 | Iesha Apthorpe | CSU |
| Men 50m | S16 | 31.74 | 2023 | Nicholas Toia | WS |
| Men 50m | S19 | 25.86 | 2022 | Alexander Hejaij | WS |
| Women 100m | S3 | 1:33.48 | 2025 | Rachael Watson | UQ |
| Women 100m | S7 | 1:17.57 | 2021 | Tahlia Blanchard | ACPE |
| Women 100m | S8 | 1:33.99 | 2025 | Kailyn Joseph | USYD |
| Men 100m | S9 | 57.91 | 2023 | Timothy Hodge | WS |
| Women 100m | S9 | 1:04.96 | 2024 | Emily Beecroft | UniSC |
| Women 100m | S12 | 1:05.10 | 2025 | Jenna Jones | UniSC |
| Women 100m | S10 | 1:02.46 | 2023 | Jasmine Greenwood | UC |
| Women 100m | S13 | 59.95 | 2023 | Katja Dedekind | GU |
| Men 100m | S15 | 53.97 | 2025 | Nicholas Layton | MON |
| Men 100m | S19 | 58.53 | 2022 | Alexander Hejaij | WS |
| Women 100m | S19 | 1:02.70 | 2024 | Iesha Apthorpe | CSU |
| Women 200m | S3 | 3:52.54 | 2024 | Rachael Watson | UQ |
| Women 200m | S6 | 4:11.58 | 2025 | Isabella Vincent | UQ |
| Men 200m | S9 | 2:02.63 | 2023 | Timothy Hodge | WS |
| Women 200m | S9 | 2:20.23 | 2023 | Lakeisha Patterson | UQ |
| Men 200m | S10 | 2:18.68 | 2018 | Aidan Yourell | SCU |
| Women 200m | S10 | 2:26.64 | 2024 | Michelle Fawer | UOW |
| Men 200m | S19 | 2:11.88 | 2022 | Alexander Hejaij | WS |
| Women 200m | S19 | 2:20.52 | 2024 | Iesha Apthorpe | CSU |
| Men 400m | S9 | 4:18.56 | 2023 | Timothy Hodge | WS |
| Women 400m | S9 | 4:41.62 | 2019 | Lakeisha Patterson | UQ |
| Women 400m | S10 | 5:11.50 | 2023 | Michelle Fawer | UOW |
| Women 400m | S13 | 4:38.27 | 2023 | Katja Dedekind | GU |
| Backstroke | | | | | |
| Women 50m | S9 | 44.02 | 2018 | Ebony Prelc | FU |
| Men 50m | S10 | 32.57 | 2018 | Aidan Yourell | SCU |
| Women 50m | S13 | 51.78 | 2018 | Jessie Wilson | ACU |
| Men 50m | S19 | 31.60 | 2022 | Alexander Hejaij | WS |
| Women 100m | S6 | 2:05.91 | 2025 | Isabella Vincent | UQ |
| Women 100m | S7 | 1:36.62 | 2021 | Tahlia Blanchard | ACPE |
| Women 100m | S8 | 1:41.21 | 2023 | Alicia Goodwin | QUT |
| Men 100m | S9 | 1:03.33 | 2021 | Timothy Hodge | WS |

| Event | Classification | Record | Year | Name | Uni |
|--------------------------|----------------|---------|------|--------------------|-------|
| Women 100m | S9 | 1:20.21 | 2019 | Lakeisha Patterson | UQ |
| Men 100m | S10 | 1:10.84 | 2018 | Aidan Yourell | SCU |
| Women 100m | S10 | 1:17.47 | 2024 | Michelle Fawer | UOW |
| Women 100m | S12 | 1:17.39 | 2025 | Jenna Jones | UniSC |
| Men 100m | S19 | 1:11.13 | 2022 | Alexander Hejaij | WS |
| Women 100m | S19 | 1:16.89 | 2024 | Iesha Apthorpe | CSU |
| Breaststroke | | | | | |
| Women 50m | SB13 | 52.02 | 2018 | Jessie Wilson | ACU |
| Men 50m | SB19 | 34.25 | 2022 | Alexander Hejaij | WS |
| Men 100m | SB3 | 2:03.43 | 2021 | Ahmed Kelly | LTU |
| Women 100m | SB6 | 2:47.97 | 2025 | Isabella Vincent | UQ |
| Women 100m | SB7 | 1:50.78 | 2021 | Tahlia Blanshard | ACPE |
| Men 100m | SB8 | 1:13.12 | 2024 | Timothy Hodge | WS |
| Women 100m | SB8 | 1:33.86 | 2019 | Lakeisha Patterson | UQ |
| Men 100m | SB9 | 1:16.18 | 2025 | Luke Holder | MQU |
| Women 100m | SB9 | 1:20.05 | 2021 | Keira Stephens | UniSC |
| Women 100m | SB10 | 1:30.32 | 2019 | Lily Barras | UQ |
| Women 100m | SB12 | 1:24.76 | 2025 | Jenna Jones | UniSQ |
| Women 100m | SB13 | 1:50.24 | 2018 | Jessie Wilson | ACU |
| Women 100m | SB14 | 1:28.03 | 2021 | Victoria Jessamine | UTS |
| Men 100m | SB15 | 1:22.72 | 2023 | Henry Hughes | GU |
| Men 100m | SB16 | 1:30.10 | 2023 | Nicholas Toia | WS |
| Men 100m | SB19 | 1:19.82 | 2022 | Alexander Hejaij | WS |
| Women 100m | SB19 | 1:35.60 | 2024 | Iesha Apthorpe | CSU |
| Butterfly | | | | | |
| Men 50m | S10 | 30.21 | 2018 | Aidan Yourell | SCU |
| Women 50m | S13 | 53.87 | 2018 | Jessie Wilson | ACU |
| Men 50m | S19 | 28.22 | 2022 | Alexander Hejaij | WS |
| Women 100m | S7 | 1:28.38 | 2021 | Tahlia Blanshard | ACPE |
| Women 100m | S8 | 1:26.03 | 2019 | Tahlia Blanshard | ACPE |
| Men 100m | S9 | 1:00.89 | 2024 | Timothy Hodge | WS |
| Women 100m | S9 | 1:09.58 | 2024 | Emily Beecroft | UniSC |
| Women 100m | S10 | 1:09.52 | 2023 | Jasmine Greenwood | UC |
| Women 100m | S14 | 1:14.05 | 2021 | Victoria Jessamine | UTS |
| Men 100m | S15 | 57.34 | 2025 | Nicholas Layton | MON |
| Men 100m | S19 | 1:04.08 | 2022 | Alexander Hejaij | WS |
| Women 100m | S19 | 1:10.92 | 2024 | Iesha Apthorpe | CSU |
| Men 200m | S19 | 2:24.54 | 2022 | Alexander Hejaij | WS |
| Individual Medley | | | | | |
| Men 150m | SM3 | 3:07.17 | 2021 | Ahmed Kelly | LTU |
| Women 200m | SM8 | 3:09.43 | 2019 | Tahlia Blanshard | ACPE |
| Men 200m | SM9 | 2:17.93 | 2021 | Timothy Hodge | WS |
| Women 200m | SM9 | 2:36.11 | 2023 | Lakeisha Patterson | UQ |
| Women 200m | SM10 | 2:34.83 | 2023 | Jasmine Greenwood | UC |
| Women 200m | SM13 | 2:35.17 | 2021 | Katja Dedekind | USC |
| Women 200m | SM14 | 2:44.03 | 2021 | Victoria Jessamine | UTS |
| Men 200m | SM19 | 2:36.11 | 2022 | Alexander Hejaij | WS |
| Women 200m | SM19 | 2:48.76 | 2024 | Iesha Apthorpe | CSU |

Previous rule amendments

August 2000 | July 2004 | August 2005 | March 2010 | May 2012 | May 2013 | June 2015 | April 2017 | June 2017 | October 2017 | March 2018 | February 2019 | January 2020 | January 2021 | July 2022 | March 2023 | March 2024 | February 2025 | February 2026

*All competitions will be held in accordance with the UniSport competition guidelines.

