



**Australian Cross Country Championships**  
**Sunday 1<sup>st</sup> September 2024**  
**Symmonds Plains Raceway, Launceston, Tasmania**

Time	Event	Distance	Course	Team Running order closes	Call Room Entry
0900	Under 12 & Under 14 Mixed Relay	8km	4 x 2km	0740	0840
0950	Under 16 & Under 18 Mixed Relay	8km	4 x 2km	0830	0930
1040	U20, Open and Masters (30+, 40+, 50+, 60+) Mixed Relay	8km	4 x 2km	0940	1020