

# 2025 UniSport Nationals Lacrosse 5's

## Medical Directory

**29<sup>th</sup> September – 2<sup>nd</sup> October, Southport Sharks AFC, Southport**

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## Event Medical Coverage – First Responders

UniSport Australia has appointed [Sports Medicine Australia](#) (SMA) to provide the official event medical coverage. They are the designated first-responders to all injuries that occur on the field of play.

SMA-supplied Sports Trainers have current HLTAID009 – Provide CPR and HLTAID011 – Provide First Aid qualifications along with a minimum of Level 1 Sports Trainer accreditation. An SMA-accredited Sports Trainer is not simply a First Aider, but an individual with experience in managing sporting injuries and incidents, trained to provide quality, immediate injury care to athletes.

SMA Sports Trainers have skills and knowledge in the areas of sports taping, soft tissue injuries, on-field transport, stings, and allergies, as well as first aid skills such as CPR, wound and fracture management. Sports Trainers have access to the latest SMA policies and guidelines such as the SMA Concussion in Sport Policy and Extreme Heat Policy.

Level 1 Sports Trainers have received education including:

- Concussion Management
- Sports Taping (Ankle, Thumb and Finger)
- Transport of the Injured Athlete
- Nutrition and Hydration
- Drugs in Sport

Level 2 Sports Trainers are the most experienced, completing at least 50 hours of experience in an on-field role and proficient in all Level 1 Sports Trainer content as well as:

- Advanced Sports Taping (Knee, Shoulder, Elbow and Achilles)
- Spinal Injury Management
- Injury Prevention Programs
- Concussion Management
- Sports Massage
- Wound Management
- Athlete Wellbeing and Mental Health

## Hospitals

### Gold Coast University Hospital

- 1 Hospital Blvd, Southport, 4215
- +61 1300 744 284
- Open 24 Hours

### Southport Day Hospital

- 1/98 Marine parade, Southport, 4215
- (07) 5620 1000
- Open 8:00am – 4:00pm

## General Practitioners

### Myhealth Smith Collective

- Shop C4 & C5/2 Nexus Way, Southport QLD 4215
- (07) 5689 2548
- Opening Hours: Monday – Friday: 9:00am – 5:00pm

### Our Medical Ashmore

- 566 Olsen Avenue, Ashmore, QLD, 4214
- +61 7 5647 5000
- Opening Hours: 7:00am – 10:00pm

## After Hours Practitioner

### Gold Coast After Hours Doctor - Southport

- 125 Nerang Street, Southport, QLD, 4125
- (07) 5532 8666
- Opening Hours: Monday – Friday: 6am – Midnight, Weekends: 6am – Midnight

### After Hours Doctor Gold Coast

- Australia Fair Metro, Shop M032/58 Scarborough Street, Southport, QLD, 4215
- +61 7 5612 7830
- Opening Hours: Monday – Friday: 8:00am – 10:00pm

## Pharmacies

### Chirn Park Chempro Chemist

- 32 Musgrave Avenue, Southport QLD 4215
- (07) 5531 1921
- Opening Hours
  - Monday – Friday 8:00am – 6:00pm
  - Saturday 8:00am – 2:00pm

Sunday

9:00am – 1:00pm

### **Southport Chempro Chemist**

- 2/103 Nerang Street, Southport, QLD, 4215
- +61 7 5591 2254
- Opening Hours: Monday – Sunday: 8:00am – 10:00pm

## **Sports Medicine Services**

### **Gold Coast Physio & Sports Health**

- Unit 13/345 Southport Nerang Road, Ashmore, QLD
- +61 7 5500 6470
- Opening Hours: Monday – Friday 7:30am – 7:30pm

### **PhysioFit**

- 102 Queen Street, Southport, QLD, 4215
- +61 7 5528 6000
- Opening Hours: Monday – Friday: 8:00am – 6:00pm

## **Dental Services**

### **Primary Dental Southport**

- Suite 1/178 Nerang Street, Southport QLD 4215
- (07) 5680 0030
- Opening Hours: Monday – Tuesday: 9:00am – 7:00pm, Wednesday, Thursday, Friday: 9:00am – 5:00pm

### **Dental on Nexus**

- The Smith Collective, 2 Nexus Way Shop C7b, Southport QLD 4215
- (07) 5597 9090
- Opening Hours: Monday – Friday: 9:00am – 6:00pm, Saturday: 8:00am – 1:00pm

## **Radiology Services**

### **Oscan Radiology**

- Suite 5.2B, Level 5/123 Nerang Street, Southport, QLD, 4215
- (07) 5503 3433
- Opening Hours: Monday – Friday: 8:00am – 6:00pm

### **South Coast Radiology**

- 151 Smith Street, Southport QLD 4215
- 1300 197 297
- Opening Hours: Monday – Friday: 7:00am – 5:00pm

