

# 2025 UniSport Nationals Rugby League 9's

# **Medical Directory**

# 1<sup>st</sup> October – 2<sup>nd</sup> October, Musgrave Sports Park, Southport

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# **Event Medical Coverage – First Responders**

UniSport Australia has appointed <u>Sports Medicine Australia</u> (SMA) to provide the official event medical coverage. They are the designated first-responders to all injuries that occur on the field of play.

SMA-supplied Sports Trainers have current HLTAID009 – Provide CPR and HLTAID011 – Provide First Aid qualifications along with a minimum of Level 1 Sports Trainer accreditation. An SMA-accredited Sports Trainer is not simply a First Aider, but an individual with experience in managing sporting injuries and incidents, trained to provide quality, immediate injury care to athletes.

SMA Sports Trainers have skills and knowledge in the areas of sports taping, soft tissue injuries, onfield transport, stings, and allergies, as well as first aid skills such as CPR, wound and fracture management. Sports Trainers have access to the latest SMA policies and guidelines such as the SMA Concussion in Sport Policy and Extreme Heat Policy.

Level 1 Sports Trainers have received education including:

- Concussion Management
- Sports Taping (Ankle, Thumb and Finger)
- Transport of the Injured Athlete
- Nutrition and Hydration
- Drugs in Sport

Level 2 Sports Trainers are the most experienced, completing at least 50 hours of experience in an on-field role and proficient in all Level 1 Sports Trainer content as well as:

- Advanced Sports Taping (Knee, Shoulder, Elbow and Achilles)
- Spinal Injury Management
- Injury Prevention Programs
- Concussion Management
- Sports Massage
- Wound Management
- Athlete Wellbeing and Mental Health



# **Hospitals**

### **Gold Coast University Hospital**

- 1 Hospital Blvd, Southport, 4215
- +61 1300 744 284
- Open 24 Hours

#### **Southport Day Hospital**

- 1/98 Marine parade, Southport, 4215
- (07) 5620 1000
- Open 8:00am 4:00pm

# **General Practitioners**

#### **Myhealth Smith Collective**

- Shop C4 & C5/2 Nexus Way, Southport QLD 4215
- (07) 5689 2548
- Opening Hours: Monday Friday: 9:00am 5:00pm

#### **Our Medical Ashmore**

- 566 Olsen Avenue, Ashmore, QLD, 4214
- +61 7 5647 5000
  Opening Hours: 7:00am 10:00pm

## **After Hours Practitioner**

### **Gold Coast After Hours Doctor - Southport**

- 125 Nerang Street, Southport, QLD, 4125
- (07) 5532 8666
- Opening Hours: Monday Friday: 6am Midnight, Weekends: 6am Midnight

#### **After Hours Doctor Gold Coast**

- Australia Fair Metro, Shop M032/58 Scarborough Street, Southport, QLD, 4215
- +61756127830
- Opening Hours: Monday Friday: 8:00am 10:00pm

# **Pharmacies**

### **Chirn Park Chempro Chemist**

- 32 Musgrave Avenue, Southport QLD 4215
- (07) 5531 1921
- Opening Hours

Monday – Friday 8:00am – 6:00pm Saturday 8:00am – 2:00pm



Sunday

9:00am - 1:00pm

### **Southport Chempro Chemist**

- 2/103 Nerang Street, Southport, QLD, 4215
- +61755912254
- Opening Hours: Monday Sunday: 8:00am 10:00pm

# **Sports Medicine Services**

# **Gold Coast Physio & Sports Health**

- Unit 13/345 Southport Nerang Road, Ashmore, QLD
- +61755006470
- Opening Hours: Monday Friday 7:30am 7:30pm

# **PhysioFit**

- 102 Queen Street, Southport, QLD, 4215
- +61755286000
- Opening Hours: Monday Friday: 8:00am 6:00pm

# **Dental Services**

### **Primary Dental Southport**

- Suite 1/178 Nerang Street, Southport QLD 4215
- (07) 5680 0030
- Opening Hours: Monday Tuesday: 9:00am 7:00pm, Wednesday, Thursday, Friday: 9:00am – 5:00pm

### **Dental on Nexus**

- The Smith Collective, 2 Nexus Way Shop C7b, Southport QLD 4215
- (07) 5597 9090
- Opening Hours: Monday Friday: 9:00am 6:00pm, Saturday: 8:00am 1:00pm

# **Radiology Services**

### **Oscan Radiology**

- Suite 5.2B, Level 5/123 Nerang Street, Southport, QLD, 4215
- (07) 5503 3433
- Opening Hours: Monday Friday: 8:00am 6:00pm

#### **South Coast Radiology**

- 151 Smith Street, Southport QLD 4215
- 1300 197 297
- Opening Hours: Monday Friday: 7:00am 5:00pm



