

2025 UniSport Nationals Cheer & Dance

Medical Directory

20th October, Gold Coast Sport & Leisure Centre, Carrara

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https://www.google.com/maps/d/u/0/edit?mid=1Ad873lqSNAthgFzli_9ll5uLPlwkuGk&usp=sharing

Event Medical Coverage – First Responders

UniSport Australia has appointed [Sports Medicine Australia](#) (SMA) to provide the official event medical coverage. They are the designated first-responders to all injuries that occur on the field of play.

SMA-supplied Sports Trainers have current HLTAID009 – Provide CPR and HLTAID011 – Provide First Aid qualifications along with a minimum of Level 1 Sports Trainer accreditation. An SMA-accredited Sports Trainer is not simply a First Aider, but an individual with experience in managing sporting injuries and incidents, trained to provide quality, immediate injury care to athletes.

SMA Sports Trainers have skills and knowledge in the areas of sports taping, soft tissue injuries, on-field transport, stings, and allergies, as well as first aid skills such as CPR, wound and fracture management. Sports Trainers have access to the latest SMA policies and guidelines such as the SMA Concussion in Sport Policy and Extreme Heat Policy.

Level 1 Sports Trainers have received education including:

- Concussion Management
- Sports Taping (Ankle, Thumb and Finger)
- Transport of the Injured Athlete
- Nutrition and Hydration
- Drugs in Sport

Level 2 Sports Trainers are the most experienced, completing at least 50 hours of experience in an on-field role and proficient in all Level 1 Sports Trainer content as well as:

- Advanced Sports Taping (Knee, Shoulder, Elbow and Achilles)
- Spinal Injury Management
- Injury Prevention Programs
- Concussion Management
- Sports Massage
- Wound Management
- Athlete Wellbeing and Mental Health

Hospitals

Gold Coast University Hospital

- 1 Hospital Blvd, Southport, 4215
- +61 1300 744 284
- Open 24 Hours

Pindara Private Hospital

- Allchurch Avenue, Benowa, QLD, 4217
- (07) 5588 9888
- Open 24 Hours

General Practitioners

Pappas Way Medical Centre

- 5/145 Pappas Way, Carrara, QLD 4215
- (07) 5578 3007
- Opening Hours: Monday – Friday: 8:00am – 5:00pm

Carrara Medical Practice

- 4/1 Manchester Road, Carrara, QLD 4211
- (07) 5594 4869
- Opening Hours: 7:40am – 5:00pm

After Hours Practitioner

Gold Coast After Hours Doctor

- 125 Nerang Street, Southport, QLD 4216
- (07) 5532 8666
- Opening Hours: Monday – Friday: 6:00pm – 12:00am

After Hours Doctor Gold Coast

- Australia Fair Metro, Shop M032/58 Scarborough Street, Southport, QLD, 4215
- +61 7 5612 7830
- Opening Hours: Monday – Friday: 8:00am – 10:00pm

Pharmacies

Good Price Pharmacy Warehouse Carrara

- Corner Gooding Drive & Manchetsrer Road, Carrara, QLD
- (07) 5579 9044
- Opening Hours: Monday – Friday: 8:30am – 5:30pm

Carrara Gardens Pharmacy

- Shop 3/145 Pappas Way, Carrara, QLD 4211
- (07) 5596 4833
- Opening Hours: Monday – Saturday: 8:00am – 5:30pm

Sports Medicine Services

Physio Wellness Fitness

- Corner Gooding Drive & Manchetsrer Road, Carrara, QLD
- Opening Hours: Monday – Friday: 8:00am – 5:00pm

VITAL Physica

- Unit 2/98 Spencer Road, Carrara, QLD, 4211
- +61 417 531 459
- Opening Hours: Monday – Friday: 8:00am – 5:00pm

Dental Services

Gold Coast Dental Studio

- Shop 13 Cayuga Street, Nerang, QLD 4215
- (07) 5578 2218
- Opening Hours: Monday – Friday: 8:00am – 5:00pm

Boctor Dental SmileCentre

- 90 Ashmore Road, Bundall, QLD 4217
- (07) 5592 1999
- Opening Hours: Monday – Friday: 9:00am – 5:00pm, Closed Wednesdays

Radiology Services

Qscan Radiology

- Level 5/123 Nerang Street, Southport, QLD
- (07) 5503 3433
- Opening Hours: Monday – Friday: 8:00am – 6:00pm

Gold Coast Radiology

- 9 Ferny Avenue, Surfers Paradise, QLD 4217
- (07) 5655 1988
- Opening Hours: Monday – Friday: 8:00am – 5:00pm

