

2026 UniSport Nationals Lacrosse 5s

Medical Directory

Tuesday 29 September – Friday 2 October, Murdoch University

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Event Medical Coverage – First Responders

UniSport Australia will be utilising qualified Sports Trainers (Level 1 & Level 2) for all official medical coverage needs. They are designated first-responders to all injuries and illnesses that present during competition.

All Sports Trainers must hold currency in the following to be eligible and engaged to assist:

- HLTAID009 – Provide CPR
- HLTAID011 – Provide First Aid
- Level 1 / Level 2 Sports Trainer accreditation
- Working with Children Check / Blue Card

A Sports Trainer is not simply a First Aider, but an individual with experience in managing sporting injuries and incidents, trained to provide quality and immediate injury care to athletes.

Sports Trainers also have skills and knowledge in the areas of sports taping, soft tissue injuries, on-field transport, stings, and allergies, as well as first aid skills such as CPR, wound and fracture management.

All Sports Trainers will also be following the current Australian Concussion Guidelines for Youth and Community Sport and follow the necessary steps for any athlete that is suspected of sustaining a concussion.

Level 1 Sports Trainers have received training including:

- Concussion Management
- Sports Taping (Ankle, Thumb and Finger)
- Transport of the Injured Athlete
- Nutrition and Hydration
- Drugs in Sport

Level 2 Sports Trainers are more experienced and have proficiency in all Level 1 Sports Trainer content, as well as:

- Advanced Sports Taping (Knee, Shoulder, Elbow and Achilles)
- Spinal Injury Management
- Injury Prevention Programs
- Concussion Management
- Sports Massage
- Wound Management
- Athlete Wellbeing and Mental Health

Hospitals

St John Urgent Care Cockburn

- Cockburn Gateway Shopping City, 816 Beeliar Dr, Success WA 6164
- (08) 6174 6000
- Opening hours Monday – Sunday 8:00AM – 9:00PM
- Proximity to Murdoch University 8.5km

Fiona Stanley Hospital

- 11 Robin Warren Dr, Murdoch WA 6150
- (08) 6152 2222
- Opening hours Monday – Sunday 24 hours
- Proximity to Murdoch University 500m

General Practitioners

Doctor Northbridge

- 68 & 70, Aberdeen St, Northbridge WA 6003
- (08) 6186 2456
- Opening hours Monday – Friday 7:30AM – 6:30PM
Saturday 9:00AM – 1:00PM
- Proximity to Murdoch University 16.5km

Parkview Family Practice

- 7 Robson Way, Murdoch WA 6150
- (08) 9332 6000
- Opening hours Monday & Friday 9:00AM – 4:00PM
Tuesday – Thursday 8:30AM – 4:00PM
- Proximity to Murdoch University 400m

After Hours Practitioner

The After Hours GP

- 10/888 Nicholson Rd, Canning Vale WA 6155
- (08) 6185 2931
- Opening hours Monday – Friday 7:00PM – 9:00PM
- Proximity to Murdoch University 8.7km

Booragoon Medicare Urgent Care Clinic

- 1 Aldous Pl, Booragoon WA 6154
- (08) 9239 0222
- Opening hours Monday – Sunday 7:00AM – 9:00PM
- Proximity to Murdoch University 4.3km

Pharmacies

Winthrop Pharmacy

- 19/131 Somerville Blvd, Winthrop WA 6150
- (08) 9310 5466
- Opening hours

Monday – Friday	8:30AM – 8:00PM
Saturday – Sunday	8:30AM – 6:00PM
- Proximity to Murdoch University 1.3km

South Street Pharmacy

- 4/386 South St, O'Connor WA 6163
- (08) 9331 4188
- Opening hours

Monday – Friday	8:00AM – 7:00PM
Saturday	8:00AM – 1:30PM
- Proximity to Murdoch University 3.1km

Sports Medicine Services

Southcare

- Medical Clinic, St John of God Medical Centre, Ste 4/100 Murdoch Dr, Murdoch WA
- (08) 6332 6666
- Opening hours

Monday – Thursday	7:00AM – 7:00PM
Friday	8:00AM – 1:00PM
Saturday	8:00AM – 1:00PM
- Proximity to Murdoch University 450m

Dental Services

Murdoch Professional centre dental clinic

- Ste 3/6 Robson Way, Murdoch WA 6150
- (08) 9310 6018
- Opening hours

Monday	8:30AM – 5:30PM
Tuesday	8:30AM – 4:30PM
Wednesday	8:00AM – 4:00PM
Thursday	8:30AM – 4:30PM
Friday	8:00AM – 4:00PM
Saturday	8:30AM – 1:30PM
- Proximity to Murdoch University 400m

Winthrop Village Dental Centre

- 22/131 Somerville Blvd, Winthrop WA 6150
- (08) 9312 1388
- Opening hours

Monday – Friday	8:00AM – 5:00PM
Saturday	9:00AM – 1:00PM
- Proximity to Murdoch University 17km

Radiology Services

Perth Radiological Clinic – Murdoch Square

- 5 Bedbrook Row, Murdoch WA 6150
- 1300567046
- Opening hours Monday – Friday 8:30AM – 5:00PM
- Proximity to Murdoch University 550m

Perth Radiological Clinic – Wexford Medical Centre

- 3 Barry Marshall Parade, Murdoch WA 6150
- 1300567046
- Opening hours Monday – Friday 8:30AM – 5:00PM
- Proximity to Murdoch University 290m

National Support Services

Kids Helpline

- Free phone and online counselling for young people between the ages of 5 and 25.
- 1800 551 800

Suicide Call Back Service

- Free immediate phone counselling and support in a crisis.
- 1300 659 467

Lifeline

- Access to crisis support and suicide prevention services.
- 13 11 14

13YARN

- Phone support for Aboriginal and Torres Strait Islander People.
- 13 92 76

1800 RESPECT

- National sexual assault, domestic and family violence counselling support.
- 1800 737 732

DV Connect

- Helping find pathways to safety, away from domestic, family and sexual violence.
- 1800 811 811

National Alcohol & Other Drug Hotline

- Free and confidential counselling, information and referral service for those struggling with use of alcohol or other drugs.

- 1800 250 015

