

## UniSport Nationals Athletics - 2026 FINAL Timetable as at 10 April 2026

Please note timetable is subject to change depending on entry/confirmation numbers. Please check back regularly for updates.

\* Para sprint events to be stand alone if that is preferred by athletes. To be surveyed after entries close for preference.

### Wednesday 22 April 2026

WEDNESDAY TRACK					WEDNESDAY FIELD				
Time	Age Group	Entry No	Event	Round	Time	Age Group	Entry No	Event	Round
3:30 PM	Open Men	75	100m	Heats (8)	3:00 PM	Open Women	17	Pole Vault	Final
	<i>Open Para Men*</i>	1	100m	Final	4:00 PM	Open Men	11	Triple Jump	Final
4:10 PM	Open Women	50	100m	Heats (6)	4:20 PM	Open Men	7	Hammer	Final
4:35 PM	Open Para Women	4	100m	Final					
4:40 PM	Open Men	36	400m	Heats (5)	5:30 PM	Open Women	15	Hammer	Final
5:10 PM	Open Women	32	400m	Heats (4)	6:00 PM	Open Women	15	Triple Jump	Final
5:35 PM	Open Men	35	1500m	Finals (2)	6:00 PM	Open Men	10	Pole Vault	Final
5:55 PM	Open Women	35	1500m	Finals (2)					
6:15 PM	Open Para Women	1	1500m	Final					
6:25 PM	Open Women	24	100m	Semi Finals (3)					
6:40 PM	Open Men	24	100m	Semi Finals (3)					
6:55 PM	Open Women	8	10,000m	Final					
6:55 PM	Open Men	15	10,000m	Final					
7:35 PM	Mixed	9+	4x400m relay	Finals (2)					

### Thursday 23 April 2026

THURSDAY TRACK					THURSDAY FIELD				
Time	Age Group	Entry No	Event	Round	Time	Age Group	Entry No	Event	Round
2:30 PM	Open Women	8	100m	Final	1:30 PM	Open Women	32	Long Jump	Qualifying
2:40 PM	Open Men	8	100m	Final	2:00 PM	Open Men	19	High Jump - Pit 1	Final
					2:10 PM	Open Men	19	Discus	Final
2:50 PM	Open Men	9	3000m Steeple	Final					
3:10 PM	Open Women	9	3000m Steeple	Final	3:30 PM	Open Men	24	Long Jump	Qualifying
3:30 PM	Open Women	8	400m	Final					
3:40 PM	Open Men	8	400m	Final	4:10 PM	Open Women	14	High Jump - Pit 2	Final
3:55 PM	Open Men	16	110m Hurdles	Finals (2)	4:20 PM	Open Women	22	Discus	Final
4:10 PM	Open Women	22	100m Hurdles	Finals (3)					
4:30 PM	Open Men	10	5000m Walk	Final					
4:30 PM	Open Women	7	5000m Walk	Final					
5:10 PM	Open Para Women	3	200m	Final					
5:15 PM	Open Women	53	200m	Heats (8)					
5:40 PM	Open Men	63	200m	Heats (9)					
	<i>Open Para Men*</i>	1	200m	Final					
6:15 PM	Open Women	31	800m	Heats (3)					
	Open Para Women	1	800m	Final					
6:35 PM	Open Men	42	800m	Heats (4)					

### Friday 24 April 2026

FRIDAY TRACK					FRIDAY FIELD				
Time	Age Group	Entry No	Event	Round	Time	Age Group	Entry No	Event	Round
10:00 AM	Open Women	19	400m Hurdles	Finals (3)	9:00 AM	Open Women	15+2	Shot Put	Final
10:15 AM	Open Men	6	400m Hurdles	Final	9:00 AM	Open Men	16	Javelin	Final
					9:40 AM	Open Women	10	Long Jump	Final
10:40 AM	Open Women	9+	4 x 100m Relay	Finals (2)					
10:50 AM	Open Men	9+	4 x 100m Relay	Finals (2)	10:30 AM	Open Men	12	Shot Put	Final
11:05 AM	Open Women	8	800m	Final	10:30 AM	Open Women	24+1	Javelin	Final
11:12 AM	Open Men	8	800m	Final	11:10 AM	Open Men	10	Long Jump	Final
11:25 AM	Open Women	8	200m	Final					
11:32 AM	Open Men	8	200m	Final					
11:40 AM	Open Women	25	5000m	Final					
12:05 PM	Open Men	33	5000m	Final					
12:30 PM	Open Women	9+	4 x 400m	Finals (2)					
12:40 PM	Open Men	9+	4 x 400m	Finals (2)					
1:00 PM	Final presentations - Overall Champion University Awards								

