

# RISE eLearning: Quick Start

**Respect. Inclusion. Safety. Equality.** A practical 45-minute online module supporting safer, more respectful and inclusive university club communities.

**Ready to begin?** Create or sign in to your UniSport learning account, access RISE, work through every section, and complete the quizzes. Your progress is saved as you go.

1

## Create an account or sign in

Go to [the RISE sign-in page](#). New users: select **Create an account** and enter your name, email and password. Existing users: sign in with your email and password.

2

## Open the RISE module

Once signed in, go directly to [RISE eLearning](#). You can also access it through the UniSport website under **Members > Gender-Based Violence Prevention > RISE Education - Online Learning Modules**.

3

## Complete your participant information

Early in the course you will see a Microsoft Form embedded in the lesson. Complete all required fields before moving on - it is part of the course and will not be sent separately.

4

## Work through every section

Complete the content in order. **View every screen, watch each video and complete every activity.** Skipping ahead will not unlock later sections. Select **Continue** after completing the embedded content to save your progress.

5

## Complete the scenario and quizzes

Chapter 6 opens an interactive scenario in a new browser tab - keep your original RISE tab open, complete the scenario, then return to continue. Most chapters finish with a compulsory quiz. You must answer correctly to progress, and you can retry if needed.

### A few things to remember

- Allow about **45 minutes**.
- Complete content in order.
- Keep the original course tab open during Chapter 6.
- If the scenario does not open, check your browser's pop-up settings.

### Need help?

For help accessing your account or completing the module, contact Member Services:

[Claire.jansen@unisport.com.au](mailto:Claire.jansen@unisport.com.au)

**START RISE ELEARNING >**

For full screenshots and detailed troubleshooting, see the complete RISE eLearning How To Guide online.